



AFFILIATED WITH THE UNIVERSITY OF WATERLOO

Renison University College
Affiliated with the University of Waterloo
240 Westmount Road N, Waterloo, ON Canada
N2L 3G4

Phone: 519-884-4404 | Fax: 519-884-5135 | uwaterloo.ca/Renison

Renison University College Land Acknowledgement

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe, and Haudenosaunee peoples, which is situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.

Winter 2021

Course Code: SDS 367R

Course Title: Aging and Social Development

Class Times/Location: Remote

Instructor: Jessica L. Miller, M.A.

Office: N/A

Office Hours: By appointment

Email: jpates@uwaterloo.ca

Course Description, Course Objectives, and Learning Outcomes:

This course focuses on aging and social development with an emphasis on older adults living in Canada. This course will cover a variety of topics including but not limited to: physical and cognitive changes with aging, mental health, work and retirement, and death and dying. One over-arching goal of this course is to create a better understanding of the older adult experience and perhaps even create a passion for advocating and helping the elderly.

Course objectives/learning outcomes:

1. Students will demonstrate an understanding of the physical and cognitive changes that occur during the aging process.
2. Students will demonstrate an understanding the relationship between aging and mental health.
3. Students will demonstrate an understanding of ageism and ways to combat older adult stereotypes.
4. Students will demonstrate an understanding of how to perform a literature review and write a research paper.

Online Learning Information:

1. Most weeks I will post on LEARN every Monday, Wednesday, and Friday. There will be a combination of videos, mini assignments, and open-format Q&A.
2. Please email me at your leisure with any comments or questions; I want this to be fun and engaging.
3. This will be my first semester teaching online so please give me feedback throughout the semester about things that are working or not working for you.

Required Text:

Harper, L., & Dobbs, B. (2018). *Adult Development and Aging: The Canadian Experience* (1st ed). Toronto: Nelson Education.

Course Requirements and Assessment:

<u>Assessment</u>	<u>Weight</u>
Exam 1 (February 24)	15%
Exam 2 (March 31)	15%
Exam 3 (April 14)	15%
Reflections	15%
Research Paper	25%
Mini Assignments	15%
<hr/>	
Total:	100%

Assessments 1, 2, & 3:

Throughout the semester there will be a total of three examinations which are non-cumulative (see class schedule for dates). Each exam is worth 15 points (15% of your final average). Each exam will be a combination of multiple choice and short answer.

Assessment 4:

You will complete a total of three reflection pieces which will correspond with lecture/textbook material. For example, while discussing and reading about ageism, you will be asked to write a reflection piece and upload to LEARN. Each reflection should be at least one page in length and follow APA guidelines (i.e. in-text citations). Your reflection should be thought provoking and provide information gathered from lecture/textbook material and any other outside sources.

Assessment 5:

Each student will write a 6-8 page research paper based on a key concept of aging (i.e. retirement, grandparenting, health and functioning). A minimum of 4 journal articles are required in order to examine this topic from a scientific perspective. APA format is required for citations and references. I will upload a paper of mine from graduate school to provide some context for formatting. I take plagiarism very seriously so please let me know if you have any questions regarding proper in-text citations (i.e. paraphrasing). I am happy to help guide any student that is new to APA format so please email me with any questions.

Assessment 6:

Throughout the semester there will be a series of mini assignments that will be posted in LEARN at the beginning of the week they are due. For instance, I will post a mini assignment on Monday that will be due Friday by midnight. Each mini assignment will correspond with material covered that week in our lecture (power point slides). There will be a total of 6 mini assignments, each worth 2.5 points.

Course Outline:

Week	Date	Topic	Readings Due
1	Jan 11-15	Introductions, syllabus review, Chapter 1: Issues to consider in the study of adult development, Research designs and ethical issues	Chapter 1
2	Jan 18-22	Research designs and ethical issues	Chapter 2
3	Jan 25-29	Physical changes associated with aging	Chapter 3
4	Feb 1-5	Cognitive changes, post formal thought, and wisdom	Chapter 4
5	Feb 8-12	Longevity, health, and functioning	Chapter 5
6	Feb 22-26	Exam 1: Feb.24 (Chapters 1, 2, 3, 4, 5) Mental health and mental health disorders	Chapter 6
7	Mar 1-5	Neurocognitive disorders Video-Alzheimer's Disease	Chapter 7
8	Mar 8-12	Canada's ethnic diversity First reflection due Mar.10	Chapter 8
9	Mar 17-19	Aging and personality development, relationships	Chapter 9, 10
10	Mar 22-26	Work, retirement, and leisure Second reflection due Mar. 24	Chapter 11

Week	Date	Topic	Readings Due
11	Mar 29-Apr 1	Exam 2: Mar. 31 (Chapters 6, 7, 8, 9, 10) Dying: another stage of life	Chapter 12
12	Apr 5-9	Living arrangements of older adults Third reflection due Apr. 7	Chapter 13
1	Apr 12-14	Research paper due Apr. 12 Exam 3: Apr. 14 (Chapters 11, 12, 13)	

Late Work:

Make-up examinations will only be permitted with valid documentation. Late assignments will be penalized 20% each day late.

Information on Plagiarism Detection:

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin in this course.

TurnItIn will be used to access your research paper for potential plagiarism. Plagiarism is the use of someone else's words, ideas, or concepts as your own. In order to avoid plagiarism please cite any source when necessary. This matter is particularly important when writing the research paper. Please see the instructor for proper instruction on how to cite sources. A TurnItIn score of 15% or more will be scrutinized more carefully and may result in a deduction of your overall score or may receive a score of zero.

Final Examination Policy:

For **Winter 2021**, the established examination period is **April 17-26**. However, the last exam for this class will be during the last week of classes (April 12-14). The schedule will be available early in the winter. Students should be aware that student travel plans are not acceptable grounds for granting an alternative final examination time (see: [Final Examniation Schedule](https://uwaterloo.ca/registrar/final-examinations) <https://uwaterloo.ca/registrar/final-examinations>)

Accommodation for Illness or Unforeseen Circumstances:

The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See http://www.registrar.uwaterloo.ca/students/accom_illness.html

Academic Integrity:

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. See the [UWaterloo Academic Integrity webpage \(https://uwaterloo.ca/academic-integrity/\)](https://uwaterloo.ca/academic-integrity/) and the [Arts Academic Integrity webpage \(https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour\)](https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour) for more information.

Discipline: Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check the [Office of Academic Integrity \(https://uwaterloo.ca/academic-integrity\)](https://uwaterloo.ca/academic-integrity) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor, academic advisor, or Academic Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties). For typical penalties check [Guidelines for the Assessment of Penalties \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. Waterloo’s policy on Fair Dealing is available here: <https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory> Violation of Canada’s Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

Grievance: A student who believes that a decision affecting some aspect of university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70), Section 4 (<https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70>). When in doubt, please be certain to contact the department’s administrative assistant, who will provide further assistance.

Appeals: A decision made or penalty imposed under Policy 70, Student Petitions and Grievances (other than a petition) or Policy 71, Student Discipline may be appealed if there are grounds. Students who believe they have grounds for an appeal should refer to [Policy](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70)

[72, Student Appeals \(https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72\)](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72).

Academic Integrity Office (uWaterloo): <http://uwaterloo.ca/academic-integrity/>

Accommodation for Students with Disabilities:

Note for Students with Disabilities: The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities, without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AAS office at the beginning of each academic term.

Intellectual Property:

Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of intellectual property and subject to disciplinary sanctions as described in Policy 71 – Student Discipline. Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.

Mental Health Support:

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

On Campus

- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 xt 32655
- [MATES](#): one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- Health Services Emergency service: located across the creek from Student Life Centre

Off campus, 24/7

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454

- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-433 ext. 6880
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online at the Faculty of ARTS [website](#)

Download [UWaterloo and regional mental health resources \(PDF\)](#)

Download the [WatSafe app](#) to your phone to quickly access mental health support information

A respectful living and learning environment for all:

Everyone living, learning, and working at Renison University College is expected to contribute to creating a respectful environment free from harassment and discrimination.

If you experience or witness harassment or discrimination, seek help. You may contact Credence & Co., Renison's external anti-harassment and anti-discrimination officers, by email (info@credenceandco.com) or by phone (519-883-8906). Credence & Co. is an independent K-W based firm which works with organizations toward thriving workplace cultures, including professional coaching, consulting, facilitation, policy development, conflict mediation and ombudsperson functions.

Harassment is unwanted attention in the form of disrespectful comments, unwanted text messages or images, degrading jokes, rude gestures, unwanted touching, or other behaviours meant to intimidate.

According to the Ontario Human Rights Code, discrimination means unequal or different treatment causing harm, whether intentional or not, because of race, disability, citizenship, ethnic origin, colour, age, creed, marital status, sex, sexual orientation, gender identity, and gender expression, or other personal characteristic.