Renison University College Land Acknowledgement

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabeg, and Haudenosaunee peoples, which is situated on the Haldimand Tract, the land granted to the Six Nations that includes ten kilometres on each side of the Grand River.

Winter 2022

Course Code: SOCWK 221R/SWREN 221R
Course Title: Social Group Work

Class Times: Fridays 11:30AM – 2:20PM

Location: REN 2106

Instructor: Ela Smith
Office Hours: Available upon request
Email: ela.smith@uwaterloo.ca

Course Description
Through readings and videos, lectures and discussions, activities and assignments, students will gain knowledge and skills about Indigenous group work, group counseling strategies and skills, and effective team functioning.

Course Objectives and Learning Outcomes

By the end of this course, students will be able to:

- recognize and describe Indigenous talking circles, why they are effective, and how they have influenced modern group counseling
- describe group counseling strategies and skills, and teamwork principles and practices
- examine the processes that enable group counseling and teamwork to be effective
• plan and prepare a successful plan for a counseling group

**Required Text**

**Course Requirements and Assessment**
Information on course requirements and assessments.

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Date of Evaluation (if known)</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Group Circle</td>
<td>Weekly</td>
<td>10%</td>
</tr>
<tr>
<td>Quiz #1</td>
<td>Feb 10 12:01 am – Feb 11 11:59 pm</td>
<td>25%</td>
</tr>
<tr>
<td>Quiz #2</td>
<td>March 17 12:01 am – March 18 11:59 pm</td>
<td>25%</td>
</tr>
<tr>
<td>Group Presentation</td>
<td>Weeks 10/11/12</td>
<td>20%</td>
</tr>
<tr>
<td>Peer Feedback</td>
<td>Group presentations</td>
<td>10%</td>
</tr>
<tr>
<td>Peer evaluation/reflective paper</td>
<td>Week 12</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
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</table>

**Assessment 1**
Small Group Circle:
(twice per semester 5% each = 10%)

Each group will complete a weekly check in. One person of the group will facilitate. The weekly facilitator will chair the check in process.

The facilitator of the group will be responsible for noting:
1) Date & Name of Facilitator
2) P.A.T.H. example from each group member
3) Outstanding Questions group may have (readings, course expectations)
4) Social Media Story relating to Social work/social justice (each person should bring a story)
5) Attendance of group members

These items will be recorded on an index card (in class) and submitted for
grading to dropbox.

Each person will take 2 turns facilitating the weekly circle. Only the facilitator will submit notes for grading. There are 10 classes that we will be doing small circle meetings. That should ensure that everyone has 2 turns in the semester to facilitate and submit for grades.

P.A.T.H. - Present, Authentic, speak your Truth, or Human

**Assessment 2**

Quiz #1
90 minutes (based on content in weeks 1 to 5, class lectures, assigned chapters, and discussions) - will be written online between Feb 10 12:01 am – Feb 11 11:59 pm

**Assessment 3**

Quiz #2
90 minutes (based on content in Weeks 6 to 9, assigned chapters, class lectures and discussions) - will be written online between March 17 12:01 am – March 18 11:59 pm

**Assessment 4**

Group Presentation

Each student will be part of a task group that will present to the class about a counselling group experience addressing a specific population (children, teen, adult or elderly) and group focus (your choice). The presentation will be 45 minutes in length and a group grade will be assigned. The presentation should address the following factors:
- purpose/reason for the group
- development needs of the group participants
- overview of the group process (size of group, content, number of sessions, length of sessions, meeting place, etc.
- planning, including preparation of clients for group
- leadership and therapeutic factors (5)
- one group exercise
- evaluation (goals, leadership, process,) and research
- strengths and limitations
Peer Feedback on presentation – 10%

**Assessment 5A – 10%**
Peer assessment Rubric – Complete and submit to appropriate submission folder.

**Assessment 5B**
Write an approx. 750-word essay about your personal reflections for Social Group Work: what you learned, what you liked/did not like, and assess your participation (extrovert and introvert participation valued equally).

**Course Outline**

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Readings Due</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Jan 3</td>
<td>University holiday closure</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Jan 7</td>
<td>Introduction/Circle</td>
<td>Course Syllabus</td>
</tr>
<tr>
<td>2</td>
<td>Jan 14</td>
<td>Introduction to Group Counseling and Task Groups</td>
<td>Chapters 1 + 2</td>
</tr>
<tr>
<td>3</td>
<td>Jan 21</td>
<td>Purpose and Planning in Group Counseling</td>
<td>Chapters 3 + 4</td>
</tr>
<tr>
<td>4</td>
<td>Jan 28</td>
<td>Basic Skills for Group Leaders and Focus</td>
<td>Chapters 5, 6, + 7</td>
</tr>
<tr>
<td>5</td>
<td>Feb 4</td>
<td>Cutting off, Drawing Out Group Members. Rounds and Dyads.</td>
<td>Chapters 8 + 9</td>
</tr>
<tr>
<td>6</td>
<td>Feb 11</td>
<td>Introducing, Conducting, and Processing Exercises in Group Counseling</td>
<td>Chapters 10 + 11</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Quiz #1</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Content Weeks 1-5</td>
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<tr>
<td>7</td>
<td>Feb 18</td>
<td>Leading the Middle Stage of Counseling Group, Closing a Session, and Ending a Group</td>
<td>Chapters 12 + 15</td>
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<tr>
<td></td>
<td>Feb 22-25</td>
<td>Reading Week</td>
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<tr>
<td>8</td>
<td>Mar 4</td>
<td>Dealing with Problem Situations in a Counseling Group</td>
<td>Chapters 16 + 17</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topic</td>
<td>Readings Due</td>
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<tr>
<td>9</td>
<td>Mar 11</td>
<td>Measuring Group Counseling Effectiveness: Identifying Trends</td>
<td>Chapter 3 (pp. 67-70)</td>
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<td></td>
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<td>Chapter 17 (pp. 464-466)</td>
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<tr>
<td>10</td>
<td>Mar 18</td>
<td>Group Presentations (Children's groups)</td>
<td>Quiz #2 Content Weeks 6-9</td>
</tr>
<tr>
<td>11</td>
<td>Mar 25</td>
<td>Group Presentations (Youth/Young Adults Groups)</td>
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</tr>
<tr>
<td>12</td>
<td>April 1</td>
<td>Group Presentations (Adults/Seniors)</td>
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**Late Work**
Students should notify the instructor 48 hours prior to an assignment due date if there is a reason to believe they will not be submitting on time. Assignments handed in 7 days past a due date will be evaluated at 50%.

**Information on Plagiarism Detection**
Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin in this course. It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit alternate assignment.

**Attendance Policy**
Students are highly encouraged to participate in class lectures and activities. Not attending class will impact the overall grade.

**Final Examination Policy**
For **Winter 2022**, the established examination period is **April 8-26**. The schedule will be available early in the winter. Students should be aware that student travel plans are not acceptable grounds for granting an alternative final examination time (see: [Final Examination Schedule](https://uwaterloo.ca/registrar/final-examinations))
Accommodation for Illness or Unforeseen Circumstances:

The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See http://www.registrar.uwaterloo.ca/students/accom_illness.html

Academic Integrity:

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. See the UWaterloo Academic Integrity webpage (https://uwaterloo.ca/academic-integrity/) and the Arts Academic Integrity webpage (https://uwaterloo.ca/arts/current-undergraduates/student-support/ethical-behaviour) for more information.

**Discipline:** Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check the Office of Academic Integrity (https://uwaterloo.ca/academic-integrity) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor, academic advisor, or Academic Dean. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo Policy 71 – Student Discipline. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline (https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71). For typical penalties check Guidelines for the Assessment of Penalties (https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. Waterloo’s policy on Fair Dealing is available here: https://uwaterloo.ca/copyright-guidelines/fair-dealing-advisory Violation of Canada’s Copyright Act is a punishable academic offence under Policy 71 – Student Discipline.

**Grievance:** A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have
grounds for initiating a grievance. Read Policy 70, Student Petitions and Grievances, Section 4. When in doubt, please be certain to contact the department’s administrative assistant who will provide further assistance.

**Appeals:**

A decision made or penalty imposed under Policy 70, Student Petitions and Grievances (other than a petition) or Policy 71, Student Discipline may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to Policy 72, Student Appeals.

**Academic Integrity Office (uWaterloo):**
http://uwaterloo.ca/academic-integrity/

**Accommodation for Students with Disabilities:** AccessAbility Services, located in Needles Hall, Room 1401, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

**Intellectual Property.** Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of intellectual property and subject to disciplinary sanctions as described in Policy 71 – Student Discipline. Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.
Contingency Planning

Inclement Weather
In the event of a short-term campus closure or the cancellation of an in-person class due to snow or inclement weather, online and remote classes will not be affected.

Interruption or Cancellation of In-Person Classes
In the event of a pandemic-related interruption of in-person classes, including a 'pivot' to remote learning, your Instructor will post details in LEARN. Please check the Announcements section of the course homepage in LEARN for updates.

Interruption or Cancellation of In-Person Examinations
In the event of a pandemic-related interruption of in-person exams, your Instructor will post details in LEARN. Please check the Announcements section of the course homepage in LEARN for updates.

Absence Due to Influenza-like Illness or Required Self-Isolation
If you need to be absent due to influenza-like illness or due to mandatory self-isolation, please complete an Illness Self Declaration. The form is available in the Personal Information section of Quest. Accommodations may be made for students who have completed an Illness Self Declaration without the need for a medical note.

Mental Health Support
All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

On Campus
- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 ext. 32655
- MATES: one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services
- Health Services Emergency service: located across the creek from Student Life Centre

Off campus, 24/7
- Good2Talk: Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Empower Me: Confidential, multilingual, culturally sensitive, faith inclusive mental health and wellness service.
• Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-4300 ext. 6880
• Here 24/7: Mental Health and Crisis Service Team. Phone: 1-844-437-3247
• OK2BME: set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online at the Faculty of ARTS website
Download UWaterloo and regional mental health resources (PDF)
Download the WatSafe app to your phone to quickly access mental health support information
A respectful living and learning environment for all

Everyone living, learning, and working at Renison University College is expected to contribute to creating a respectful environment free from harassment and discrimination.

You may contact Melissa Knox, Renison’s external anti-harassment and anti-discrimination officer, by email (mnknox@uwaterloo.ca) or by phone or text (226-753-5669). Melissa is an employment and human rights lawyer and part-time Assistant Crown Attorney for the Ontario Ministry of the Attorney General. Melissa is experienced in case management, discipline and complaints processes, and works with organizations across Canada to foster safe, respectful, and inclusive work and learning environments through policy development, educational workshops, conflict mediation and dispute resolution, and organizational culture audits.

Harassment is unwanted attention in the form of disrespectful comments, unwanted text messages or images, degrading jokes, rude gestures, unwanted touching, or other behaviours meant to intimidate.

According to the Ontario Human Rights Code, discrimination means unequal or different treatment causing harm, whether intentional or not, because of race, disability, citizenship, ethnic origin, colour, age, creed, marital status, sex, sexual orientation, gender identity, and gender expression, or other personal characteristic.