## Course Schedule

Important: **ALL TIMES EASTERN** - Please see the [University Policies](#) section of your Course Outline for details.

<table>
<thead>
<tr>
<th>Week</th>
<th>Module</th>
<th>Readings and Other Assigned Material</th>
<th>Activities and Assignments</th>
<th>End/Due Date</th>
<th>Weight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Module 1: Introduction to Indigenous Healing Circles</td>
<td>Stevenson, J. [1999]. The Circle of Healing.</td>
<td>Groups for Reflection Discussions and Group Assignments will be created by Technical Support</td>
<td>Check after Friday, May 6, 2022 at 4:30 PM</td>
<td>Ungraded</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Greg, G., Dickie, B. [2002], Hollow Water.</td>
<td>Introduce Yourself</td>
<td>Monday, May 9, 2022 at 11:55 PM</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Teaching</td>
<td></td>
<td>Monday,</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Week 2**

**Module 2: Introduction to Group Counseling and Task Groups:**

- **Group States and Processes:**
  - **Curative Factors and**
  - Textbook, Chapter 1 and 2.

- **Assignment 1**
  - Restorative Practices with Classroom Circles.
  - Boyd, J. (2018)
  - Yalom’s Curative Factors.

- **Reflection 1**
  - Monday, May 9, 2022 at 11:55 PM

- **Assignment 2: Group Discussion**
  - Monday, May 16, 2022 at 11:55 PM

- **Reflection 2**
  - Monday, May 16, 2022 at 11:55 PM

**Assignment 1: Group Discussion**

- Monday, May 9, 2022 at 11:55 PM

- 5%

Griffith Graduate Attributes Teamwork Skills Toolkit.

Textbook, Chapter 3 and 4.

Boyd, J. (2018). Personal summary: Key points about choosing and preparing potential clients for a successful group counseling

Assignment 3 Tuesday, May 24, 2022 at 11:55 PM

Reflection 3 Tuesday, May 24, 2022 at 11:55 PM
<table>
<thead>
<tr>
<th>Week</th>
<th>Module</th>
<th>Textbook, Chapter</th>
<th>Assignment</th>
<th>Reflection</th>
<th>Date/Time</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Module 4: Getting Started, Basic Skills for Group Leaders, and Focus</td>
<td>5</td>
<td>Assignment 4</td>
<td>Reflection 4</td>
<td>Monday, May 30, 2022 at 11:55 PM</td>
<td>5%</td>
</tr>
<tr>
<td>5</td>
<td>Module 5: Cutting off and Drawing Out Group Members: The Use of Rounds and Dyads in Group Counseling</td>
<td>1</td>
<td>Reflection 5</td>
<td></td>
<td>Monday, June 6, 2022 at 11:55 PM</td>
<td>1%</td>
</tr>
<tr>
<td>Week 6</td>
<td>Conducting, Processing Exercises in Group Counseling</td>
<td>Monday, June 13, 2022 at 11:55 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>--------</td>
<td>--------------------------------------------------</td>
<td>---------------------------------</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(2012). DVD Group Counseling, Exercises: Styrofoam cups, small chair, and movement.</td>
<td>Reflection 6 1%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 7</td>
<td>Module 7: Leading the Middle Stage of a Counseling Group. Closing a Session, and Ending a Group</td>
<td>Monday, June 20, 2022 at 11:55 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Textbook, Chapter 12 and 15.</td>
<td>Reflection 7 1%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 8</td>
<td>Module 8: Dealing with Problem Situations in a Counseling Group: Lifespan</td>
<td>Monday, June 27, 2022 at 11:55 PM</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Textbook, Chapter 16 and 17.</td>
<td>Reflection 8 1%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Development: Incorporating Diversity into Group Practice


Textbook, Chapter 3 (pp. 67–70) and Chapter 17 (pp. 464–466).

Module 9: Measuring Group Counseling Effectiveness; Identifying Present and Future Trends of Group Counseling Practice

Griffith Graduate Attributes Teamwork Skills Toolkit.

Counseling Group Member Satisfaction Questionnaire.

Post Evaluation

Reflection 9 Monday, July 4, 2022 at 11:55 PM
Survey.

Group Cohesion Scale.

Week 10

There is no new content this week.

Assignment 6: Monday, July 11, 2022 at 11:55 PM

Assignment 7: Group Planning: Friday, July 15, 2022 at 11:55 PM

Week 11

There is no new content this week.

Assignment 8: Group Rating: Monday, July 18, 2022 at 11:55 PM

Week 12

There is no new content this week.

Assignment 9: Friday, July 25, 2022 at 11:55 PM
There is no final examination for this course.
Contact Information

Announcements

Your instructor uses the Announcements widget on the Course Home page during the term to communicate new or changing information regarding due dates, instructor absence, etc., as needed. You are expected to read the announcements on a regular basis.

To ensure you are viewing the complete list of announcements, you may need to click Show All Announcements.

Discussions

A General Discussion topic* has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

<table>
<thead>
<tr>
<th>Who and Why</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Instructor</strong></td>
<td><strong>Post your course-related questions</strong> to the Ask the Instructor discussion topic*. This allows other students to benefit from your question as well. <strong>Questions of a personal nature</strong> can be directed to your instructor. Instructor: Jon Boyd <a href="mailto:jaboyd@uwaterloo.ca">jaboyd@uwaterloo.ca</a> Your instructor checks email and the Ask the Instructor discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.</td>
</tr>
<tr>
<td>Technical Support, Centre for Extended Learning</td>
<td><strong><a href="mailto:learnhelp@uwaterloo.ca">learnhelp@uwaterloo.ca</a></strong> Include your full name, WatIAM user ID, student number, and course name and number.</td>
</tr>
</tbody>
</table>
Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).

IST Knowledge Base: For Students

<table>
<thead>
<tr>
<th>Learner Support Services, Centre for Extended Learning</th>
<th>Student Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td>General inquiries</td>
<td></td>
</tr>
<tr>
<td>Examination information</td>
<td></td>
</tr>
</tbody>
</table>

extendedlearning@uwaterloo.ca

Include your full name, WatIAM user ID, student number, and course name and number.

*Discussions can be accessed by clicking Connect and then Discussions on the course navigation bar above.*
Course Description and Learning Outcomes

Course Description

Through readings and videos, lectures and discussions, activities and assignments, students will gain knowledge and skills about Indigenous healing circles, group counseling strategies and skills, and effective team functioning.

Learning Outcomes

By the end of this course, students will be able to:

- recognize and describe Indigenous healing circles, why they are effective, and how they have influenced modern group counseling
- describe group counseling strategies and skills, and teamwork principles and practices
- examine the processes that enable group counseling and teamwork to be effective
- plan and prepare a successful plan for a counseling group

This online course was developed by Jon Boyd, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.
About the Course
Author/Instructor

Course Author and Instructor – Jon Boyd

Jon Boyd has been a part-time instructor at Renison College, University of Waterloo since 1985. He is also a part-time instructor in the Master of Social Work program at Wilfrid Laurier University. He teaches courses in individual, family, and group therapy, as well as lifespan development. In addition, Jon maintains a small private practice, and is an approved adoption practitioner completing parenting assessments in Southern Ontario.

Educational Background

Jon completed his undergraduate degree (Bachelor of Arts — English) at the University of Guelph in Guelph, Ontario, and his MSW degree from Wilfrid Laurier University in Waterloo, Ontario.
Materials and Resources

Textbook(s)

Required


For textbook ordering information, please contact the W Store | Course Materials + Supplies.

For your convenience, you can compile a list of required and optional course materials through BookLook using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone
number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

**Course Reserves**

Course Reserves can be accessed using the Library Resources widget on the Course Home page.

**Resources**

- [Library services for co-op students on work term and students taking online courses](#)
The following table represents the grade breakdown of this course.

<table>
<thead>
<tr>
<th>Activities and Assignments</th>
<th>Weight (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduce Yourself</td>
<td>Ungraded</td>
</tr>
<tr>
<td>Reflections (9 x 1%)</td>
<td>9%</td>
</tr>
<tr>
<td>Assignment 1</td>
<td>5%</td>
</tr>
<tr>
<td>Assignment 2: Group Discussion</td>
<td>15%</td>
</tr>
<tr>
<td>Assignment 3</td>
<td>3%</td>
</tr>
<tr>
<td>Assignment 4</td>
<td>5%</td>
</tr>
<tr>
<td>Assignment 5</td>
<td>3%</td>
</tr>
<tr>
<td>Assignment 6</td>
<td>10%</td>
</tr>
<tr>
<td>Assignment 7: Group Planning</td>
<td>20%</td>
</tr>
<tr>
<td>Assignment 8: Group Rating</td>
<td>10%</td>
</tr>
<tr>
<td>Assignment 9</td>
<td>10%</td>
</tr>
<tr>
<td>Assignment 10</td>
<td>10%</td>
</tr>
</tbody>
</table>

**Official Grades**

Official Grades and Academic Standings are available through [Quest](https://quest) .
Course and Department Policies

Late Assignments and Related Concerns

All assignments and discussion activities are due by the deadline specified on the Course Schedule. Contact your instructor before the due date if you have a question or concern.
Submission Times

Please be aware that the University of Waterloo is located in the Eastern Time Zone (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the Ontario, Canada Time Converter.

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

Missed Assignments/Tests/Quizzes

Contact the instructor as soon as you realize there will be a
problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a Verification of Illness Form.

**Email** a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the Accommodation due to illness page.

**Missed Final Examinations**

Contact your instructor as soon as possible if you are unable to fulfill academic requirements due to illness or other extenuating circumstances.

Further information about Examination Accommodations is available in the Undergraduate Calendar.

**Academic Integrity**

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. If
you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible. Undergraduate students should see the Academic Integrity Tutorial and graduate students should see the Graduate Students and Academic Integrity website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity.

**Turnitin**

**Turnitin.com**: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students’ submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and
alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

**Turnitin® at Waterloo**

**Discipline**

A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline. For typical penalties, check Guidelines for the Assessment of Penalties.

**Appeals**

A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances, (other than a petition) or Policy 71 -
Student Discipline, may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to Policy 72 - Student Appeals.

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and Grievances, Section 4. When in doubt please be certain to contact the department’s administrative assistant who will provide further assistance.

Final Grades

In accordance with Policy 46 - Information Management, Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to Quest to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

AccessAbility Services, located in Needles Hall, collaborates
with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

**Accessibility Statement**

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act (AODA)](http://www.водонадобна.рф/АДОА) are guided by University of Waterloo accessibility [Legislation](http://www.водонадобна.рф/legislation) and policy and the [World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG) 2.0](http://www.водонадобна.рф/wcag2). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about [Desire2Learn’s Accessibility Standards Compliance](http://www.водонадобна.рф/d2l/accessible).

**Use of Computing and Network Resources**

Please see the [Guidelines on Use of Waterloo Computing and Network Resources](http://www.водонадобна.рф/guidelines).
Copyright Information

UWaterloo’s Web Pages

All rights, including copyright, images, slides, audio, and video components, of the content of this course are owned by the course author and the University of Waterloo, unless otherwise stated. By accessing this course, you agree that you may only download the content for your own personal, non-commercial use. You are not permitted to copy, broadcast, download, store (in any medium), transmit, show or play in public, adapt, or change in any way the content of these web pages for any other purpose whatsoever without the prior written permission of the course author and the University of Waterloo, Centre for Extended Learning.

Other Sources

Respect the copyright of others and abide by all copyright notices and regulations when using the computing facilities provided for your course of study by the University of Waterloo. No material on the Internet or World Wide Web may be reproduced or distributed in any material form or in any medium, without permission from copyright holders or their assignees. To support your course of study, the University of Waterloo has provided hypertext links to relevant websites,
resources, and services on the web. These resources must be used in accordance with any registration requirements or conditions which may be specified. You must be aware that in providing such hypertext links, the University of Waterloo has not authorized any acts (including reproduction or distribution) which, if undertaken without permission of copyright owners or their assignees, may be infringement of copyright. Permission for such acts can only be granted by copyright owners or their assignees.

If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or extendedlearning@uwaterloo.ca.