

# Course Schedule

Important: **ALL TIMES EASTERN** - Please see the [University Policies](#) section of your Course Outline for details.

Week	Readings and Other Assigned Material	Activities and Assignments	Due Date	Weight (%)
		Groups for <a href="#">Post-Scale Weekly Discussions</a> will be created by Technical Support	Check after Monday, January 9, 2023 at 4:30 PM	
<b><a href="#">Week 1:</a></b>				
<b><a href="#">Introduction to Personality Theory and Research</a></b>	<i>The Personality Puzzle</i> , Chapter 1	<a href="#">Introductory Discussion</a> (Initial Post)	Friday, January 13, 2023 at 11:55 PM	(complete 6 of 10, 16% total)
		<a href="#">Introductory Discussion</a> (Reply Post) (Complete 6 of the 10 Weekly Discussions)	Sunday, January 15, 2023 at 11:55 PM	
		<a href="#">Post-Scale Weekly Discussion</a> , Parts 1 and 2 (Initial Posts)	Wednesday, January 18, 2023 at 11:55 PM	(complete 6 of 10, 16% total)
		<a href="#">Post-Scale Weekly Discussion</a> , Parts 1 and 2 (Reply Posts)	Sunday, January 22, 2023 at 11:55 PM	
<b><a href="#">Week 2: Research Methods 1</a></b>	<i>The Personality Puzzle</i> , Chapters 2, 3, and 4	Begin working on the <a href="#">Research Methods Worksheet</a>		
	<i>The Personality Puzzle</i> , Chapter 5	<a href="#">Weekly Thought Paper</a> (Complete 6 of 8 Weekly Thought Papers throughout the term)	Tuesday, January 24, 2023 at 11:55 PM	(complete 6 of 8, 24% total)
		<a href="#">Post-Scale Weekly Discussion</a> , Parts 1 and 2 (Initial Posts)	Wednesday, January 25, 2023 at 11:55 PM	(complete 6 of 10, 16% total)
<b><a href="#">Week 3: Research</a></b>		<a href="#">Post-Scale Weekly</a>	Sunday,	

**Methods 2**

[Discussion](#), Parts 1 and 2 (Reply Posts) January 29, 2023 at 11:55 PM

Continue working on the [Research Methods Worksheet](#)

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts) Wednesday, February 1, 2023 at 11:55 PM

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts) Sunday, February 5, 2023 at 11:55 PM

[Weekly Thought Paper](#)

Submit the [Research Methods Worksheet](#)

Wednesday, February 1, 2023 at 11:55 PM

Sunday, February 5, 2023 at 11:55 PM

Tuesday, February 7, 2023 at 11:55 PM

Tuesday, February 7, 2023 at 11:55 PM

(complete 6 of 10, 16% total)

(complete 6 of 8, 24% total)

**10%**

***\*\*If you wish to receive feedback on your participation, you can send an email to your instructor\*\****

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts) Wednesday, February 8, 2023 at 11:55 PM

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts) Sunday, February 12, 2023 at 11:55 PM

[Weekly Thought Paper](#)

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts) Wednesday, February 15, 2023 at 11:55 PM

Wednesday, February 8, 2023 at 11:55 PM

Sunday, February 12, 2023 at 11:55 PM

Tuesday, February 14, 2023 at 11:55 PM

Wednesday, February 15, 2023 at 11:55 PM

(complete 6 of 10, 16% total)

(complete 6 of 8, 24% total)

(complete 6 of 10, 16% total)

*The Personality Puzzle, Chapter 4 (Review)*

*The Personality Puzzle, Chapter 6*

**Week 4: The Big Five Personality Factors**

**Week 5: Using Personality Traits to Understand Behaviour**

**Week 6:**  
**Personality,**  
**Stability,**  
**Development, and**  
**Change**

*The Personality Puzzle,*  
Chapter 7

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts)

[Weekly Thought Paper](#)

PM

**Monday,**  
**February 27,**  
**2023 at 11:55**  
**PM**

Tuesday,  
February 28,  
2023 at 11:55  
PM

(complete 6  
of 8, 24%  
total)

**Reading Week (Saturday, February 18, 2023 to Sunday, February 26, 2023)**

**Week 7: Work on**  
**Personality of a**  
**Public Figure Paper**

Continue working on  
the [Personality of a](#)  
[Public Figure Paper](#)

**Week 8: Work on**  
**Personality of a**  
**Public Figure Paper**

Submit the [Personality](#)  
[of a Public Figure Paper](#)

Friday, March  
10, 2023 at  
11:55 PM

**25%**

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts)

Wednesday,  
March 15, 2023  
at 11:55 PM

(complete 6  
of 10, 16%

**Week 9:**  
**Personality, Genes,**  
**and Evolution**

*The Personality Puzzle,*  
Chapter 9

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts)

Sunday, March  
19, 2023 at  
11:55 PM

total)

[Weekly Thought Paper](#)

Tuesday March  
21, 2023 at 11:55  
PM

(complete 6  
of 8, 24%  
total)

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts)

Wednesday,  
March 22, 2023  
at 11:55 PM

(complete 6  
of 10, 16%  
total)

**Week 10: Self-**  
**Esteem**

*No textbook reading this  
week*

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts)

Sunday, March  
26, 2023 at  
11:55 PM

[Weekly Thought Paper](#)

Tuesday, March  
28, 2023 at  
(complete 6  
of 8, 24%

11:55 PM total)

**Week 11: Personality Processes**

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts) Wednesday, March 29, 2023 at 11:55 PM (complete 6 of 10, 16% total)

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts) Sunday, April 2, 2023 at 11:55 PM

*The Personality Puzzle (8th Edition)*, Chapter 14 and 15

[Weekly Thought Paper](#) Tuesday, April 4, 2023 at 11:55 PM (complete 6 of 8, 24% total)

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Initial Posts) Wednesday, April 5, 2023 at 11:55 PM (complete 6 of 10, 16% total)

**Week 12: Personality Disorders and Health**

*The Personality Puzzle*, Chapter 17

[Post-Scale Weekly Discussion](#), Parts 1 and 2 (Reply Posts) Sunday, April 9, 2023 at 11:55 PM

[Weekly Thought Paper](#) **Monday, April 10, 2023 at 11:55 PM** (complete 6 of 8, 24% total)

[Personality Concepts in My Life Paper](#) Monday, April 17, 2023 at 11:55 PM **25%**

**There is no final examination for this course**

# Contact Information

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## Announcements

You are expected to check **Announcements** on the **Course Home** page on a regular basis. To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

## Discussions

Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above. A [General Discussion](#) topic has also been made available to allow you to communicate with your peers in this course. Your instructor may drop in at this discussion topic.

## Contact Us

### Who and Why

### Contact Details

#### Instructor

- Course-related questions (e.g., course content, deadlines, assignments, etc.)
- Questions of a personal nature

**Post your course-related questions** to the [Ask the Instructor](#) discussion topic. This allows other students to benefit from your question as well.

**Questions of a personal nature** can be directed to your instructor.

Instructor: Christine Logel

[clogel@uwaterloo.ca](mailto:clogel@uwaterloo.ca)

Office hours are available by appointment - that just means that if you want a phone call or Zoom meeting, you can email Dr. Logel and she will work with you to find a time ASAP that will work for both of you.

TAs: TBD

Your instructor checks email and the [Ask the Instructor](#) discussion topic frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.

[learnhelp@uwaterloo.ca](mailto:learnhelp@uwaterloo.ca)

#### Technical Support,

Centre for Extended Learning

Include your full name, WatIAM user ID, student number, and course name and number.

- Technical problems      Technical support is available during regular business hours, Monday to

with Waterloo LEARN Friday, 8:30 AM to 4:30 PM (Eastern Time).

[IST Knowledge Base: For Students](#)

**Learner Support Services,**

Centre for Extended  
Learningtb

[Student Resources](#)

[extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca)

- General inquiries
- Examination information

Include your full name, WatIAM user ID, student number, and course name and number.

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# Course Description and Learning Outcomes

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## Course Description

### Personality

This course addresses the science of measuring and explaining patterned individual differences in behaviour, including temperaments and traits; values, goals, and personal strivings; and meaning systems and self-narratives. Topics include behavioural, physiological, genetics, and cultural studies of personality; continuity and change in personality over the lifespan; and personality disorders.

## Learning Outcomes

- To develop an in-depth knowledge of the psychological study of personality.
- To be able to apply psychological research to assess peoples' personality for research and applied purposes.
- To understand the current issues, methods, and topics in personality psychology.
- To develop the ability to relate the findings of personality research to your life and to important issues in our society and the world at large.
- To build and improve writing skills.
- To build and improve skills at having substantive online discussions.

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*This online course was developed by Christine Logel, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.*

## About the Course Author and Instructor - Dr. Christine Logel

### Educational Background

Dr. Logel has enduring ties to University of Waterloo. She completed her BA in Psychology and Applied Studies Co-op — a program which has now evolved into Arts and Business Co-op — and then did her PhD in Social Psychology at Waterloo as well, under the supervision of Dr. Steven J. Spencer. After a SSHRC-funded postdoctoral fellowship at University of Colorado Boulder and Stanford University, she returned to Waterloo for a CIHR-funded postdoctoral fellowship in Chronic Disease Prevention. She was hired as an Assistant Professor at Renison in 2011 and promoted to Associate Professor of Social Development Studies in 2016.



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### Current Research

Dr. Logel studies social psychological processes that contribute to social problems and negatively impact individual well-being. One particular focus has been the effects on people when they are judged in light of negative group stereotypes. Currently, she focuses on developing and rigorously testing brief, targeted social psychological interventions that guide people to face challenges with the most adaptive mindset — one that allows them to tap into the resources available to them, both in their environment and inside themselves.

### Teaching Background

Dr. Logel has taught Introductory Psychology, Social Cognition, Personality Psychology, Social



Psychology, and Honours Seminars on Race and Gender Equality and on Psychological Interventions. She applies what she learns in her research, focusing on guiding students on how to equip themselves with the skills and resources that can help them flourish in their education and beyond.

## **Outside of Work**

Dr. Logel is a big fan of trampolines, winter jogging, the entire Bachelor franchise, and the Social Development Studies program. Where appropriate, she tells people about her invisible disabilities — a chronic illness in addition to an anxiety disorder — so others know they are not alone.

# Materials and Resources

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## Textbook

### Required

Funder, David C. (2019). *The Personality Puzzle (8th Edition)*. W.W. Norton and Company.

Used versions of the 7th Edition (2015) are available from a variety of sources. The 8th edition is not hugely different from the 7th but you are responsible for making sure you are reading the correct topics.

**For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#)**

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

## Course Reserves

[Course Reserves for Students](#) are used in this course. Course Reserves can be accessed using the **Library Resources** widget on the **Course Home** page.

## Resources

- Library services for [Co-op students on work term and students taking online courses](#)

## Grade Breakdown

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The following table represents the grade breakdown of this course.

Activities and Assignments	Weighting Description	Weight (%)
Introductory Discussion (x1)	You choose 6 of the 10 Weekly Discussions to participate in and be marked on (2.67% each). If you complete more than 6, we will mark the first 6.	16%
Post-Scale Weekly Discussions (x9)		
Weekly Thought Papers (x8)	You choose 6 of the 8 thought papers to complete and be marked on (4% each). If you complete more than 6, we will mark the first 6.	24%
Research Methods Worksheet		10%
Personality of a Public Figure Paper		25%
Personality Applied to Yourself Paper		25%

## Official Grades

Official Grades and Academic Standings are available through [Quest](#).

## Course Policies

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### Late Penalties

The official policy is that there will be a late penalty of five percent per day for Activities and Assignments submitted late. Any assignment over one week late will receive a grade of zero. However, we understand that life happens, especially during a pandemic, and so there may be some instances when we can offer flexibility. If you are struggling with the course, or with any particular assignment, please email your instructor and together you can determine appropriate supports and, if absolutely necessary, documentation. We are here to support your learning, growth, and success, however you define success.

### Caregiver Responsibilities Policy

We have great respect for students who are balancing their pursuit of education with the responsibilities of caring for children or other family members. If you run into challenges that require you to miss scheduled assignments, or if your caregiving responsibilities are interfering with your ability to engage in remote learning, please contact the instructor or the TA. There may be some instances of flexibility we can offer to support your learning.

### School-Life Conflict

Many students face obstacles to their education as a result of work or family obligations or unforeseen personal difficulties. If you are experiencing challenges throughout the term that are impacting your ability to succeed in this course, or in your undergraduate career more broadly, please reach out to your instructor immediately so that you can work together to form a plan for your academic success.

### Planning Ahead for Additional Accommodations

Regular life can be challenging enough. Life during a pandemic can be overwhelming. Please contact your instructor ahead of time if you foresee significant challenges this term so that you can, together, plan accommodations ahead of time. This course is designed to allow for challenges (i.e. students only complete 6 of 10 Discussions and 6 of 8 Thought Papers so they could, in theory, skip entire weeks of the course) but if other barriers are cropping up, we will support you to the extent that we are able.

### Group Work

Please contact your discussion group members to let them know when you are not participating in a discussion that week, even if that nonparticipation is part of the course structure (i.e. there are 10

discussions and each student only does six) or has been approved by the course instructor.

This way, group members can contact the instructor if they somehow find themselves with only two people in their group, making it difficult for them to complete the discussions.

# University Policies

## Submission Times

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Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](#).

## Accommodation Due to Illness

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**If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:**

### **SELF-DECLARED ABSENCES FOR UNDERGRADUATE STUDENTS**

Undergraduate students have the option to self-declare a short-term absence during the formal lecture period by following the [Undergraduate student short-term absences](#) process outlined by the Registrar's Office.

### **MISSED ASSIGNMENTS/TESTS/QUIZZES**

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a [Verification of Illness Form](#).

**Email** a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the [Accommodation due to illness](#) page.

### **MISSED FINAL EXAMINATIONS**

Contact your instructor as soon as possible if you are unable to fulfill academic requirements due to illness or other extenuating circumstances.

Further information about Examination [Accommodations](#) is available in the Undergraduate Calendar.

## Academic Integrity

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In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.**

Undergraduate students should see the [Academic Integrity Tutorial](#) and graduate students should see the [Graduate Students and Academic Integrity](#) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the [Office of Academic Integrity](#).

## Turnitin

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**Turnitin.com:** Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

[Turnitin® at Waterloo](#)

## Discipline

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A student is expected to know what constitutes [academic integrity](#) to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties, check [Guidelines for the Assessment of Penalties](#).

## Appeals

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A decision made or penalty imposed under [Policy 70 - Student Petitions and Grievances](#), (other than a petition) or [Policy 71 - Student Discipline](#), may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72 - Student Appeals](#).

## Grievance

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A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and](#)

[Grievances](#), Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

## Final Grades

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In accordance with [Policy 46 - Information Management](#), Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to [Quest](#) to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

## AccessAbility Services

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[AccessAbility Services](#), located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

## Accessibility Statement

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The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act \(AODA\)](#) are guided by University of Waterloo accessibility [Legislation](#) and policy and the [World Wide Web Consortium's \(W3C\) Web Content Accessibility Guidelines \(WCAG\) 2.0](#). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about [Desire2Learn's Accessibility Standards Compliance](#).

## Use of Computing and Network Resources

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Please see the [Guidelines on Use of Waterloo Computing and Network Resources](#).

## Copyright Information

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If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or [extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca).