

# LIFESPAN PROCESSES WINTER 2024

## SDS 150R

Published Jan 02, 2024

### CLASS SCHEDULE

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Section	Location	Time	Instructor(s)
SDS 150R 001 [LEC]	REN 2106	Tuesdays 2:30 p.m. - 4:20 p.m.	Hsiao D'Ailly hsiao.dailly@uwaterloo.ca
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### INSTRUCTOR & TA (TEACHING ASSISTANT) INFORMATION

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Instructor: Dr. Hsiao d'Ailly

Office: REN 1606

Office Phone: 519.884.4404 ext. 28643

Office Hours: Tuesdays 1:30-2:20 & Wednesdays 11:30-12:20 or by appointment

Email: hdailly@uwaterloo.ca

### COURSE DESCRIPTION

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#### *Calendar Description for SDS 150R*

This course is an introduction to human development that spans conception to death. It provides an overview of events which occur throughout the lifespan and considers how biological, psychological, and social factors may impact healthy development. [Note: Formerly ISS 150R]

This course is an introductory to human development that spans conception to death. It provides an overview of events which occur throughout the life course and consideration for how these may impact healthy development. The course applies a bio-psycho-social perspective and a scientific approach to understanding lifespan development. Human growth will be explored according to how biological and psychological determinants as well as how social environment impacts development. Students are encouraged to reflect on course material and examine the circumstances and experiences that have shaped them until now and those which may influence their future development.

## LEARNING OUTCOMES

### By the end of this course students should be able to:

Describe key life events from conception to death
Identify and describe major lifespan phases
Define key changes and characteristics of each phase of life
Implement the bio-psycho-social perspective and a scientific approach to lifespan issues
Relate developmental theories and lifespan concepts to real-life situations
Connect lifespan concepts to yourself and others, considering their implications

## TENTATIVE COURSE SCHEDULE

Week	Date	Topics	Readings Due
1	Jan 8-12	Orientation, Introduction, and Basic Concepts	Chapter 1
2	Jan 15-19	Theories and Methods	Corresponding chapters for your group presentation
3	Jan 22-26	Viewing Lifespan from an Attachment Lens	Chapter 2
4	Jan 29-Feb 2	Resilience	Chapter 3, 4
5	Feb 5-9	Infancy	Chapter 5, 6
6	Feb 12-16	Early Childhood	Chapter 7,8
	Feb 19-23	Reading Week	
7	Feb 26-Mar 1	Middle Childhood	Chapter 9, 10
8	Mar 4-8	Adolescents	Chapter 11, 12
9	Mar 11-15	Early Adulthood	Chapter 13, 14
10	Mar 18-22	Middle Adulthood	Chapter 15, 16
11	Mar 25-29	Late Adulthood	Chapter 17, 18
12	Apr 1-5	End of Life	Chapter 19

Assignment and Quiz due dates are specified in the Course Schedule on Learn. Assignments are due on the listed due date. Online activities and quizzes will be closed on the due dates specified on Learn. Accommodation for illness or extenuating circumstances will only be provided with proper documentations.

## TEXTS / MATERIALS

Title / Name	Notes / Comments	Required
Rathus, S. & Rogerson, R. (2024). HDEV (5th ed.). Toronto, ON: Cengage Learning Canada, Inc.	<a href="https://www.cengage.com/coursepages/Waterloo_W24_SDS150R_HD">https://www.cengage.com/coursepages/Waterloo_W24_SDS150R_HD</a>	Yes

### Course Materials on LEARN

Additional Learning materials are available on Learn and PeppblePad. Assignments will be announced and described in class. Students are also required to check on Learn regularly for weekly communications and postings.

## STUDENT ASSESSMENT

Component	Value
Weekly reading quizzes	25%
Reflective Journals	25%
Group portfolio and presentation	25%
Class Attendance/Contribution and Peer Review	25%

### Weekly Reading Quizzes

Quiz grades from the best 15 chapters (out of 19) will be used for the final grade. Detailed description is available on Learn.

### Reflective Journals

Journal Reflection assignments are available on PebblePad. For each such journal you will respond to a series of questions which will be included in the PebblePad pages for each journal. PebblePad instructions and information about level of assessment are available on Learn.

### Group Portfolio and Presentation on a Selected Topic

Working in groups, you will present a portfolio (on PebblePad) for a selected topic to show your research, summary and/or creative work. Class time will be allocated for each group to make a presentation and/or lead a discussion. As a learning community, peer review and feedback is an integral part of this activity.

### Class Attendance/Contribution and Peer Evaluation

You are expected to attend class weekly and ready to engage in activities and contribute to discussion. In addition to participating in class activities and discussions, you will also be required to review/evaluate and provide feedback to your peers' Group Presentations and Portfolios online. You will assess each group presentation using a provided rubric and provide feedback on PebblePad.

# ASSIGNMENT SCREENING

No assignment screening will be used in this course.

## ADMINISTRATIVE POLICY

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### RENISON UNIVERSITY COLLEGE LAND ACKNOWLEDGEMENT

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Anishinaabeg, Hodinohsyó:ni, and Attawandaran (Neutral) Peoples, which is situated on the Haldimand Tract, the land granted to the Six Nations that includes ten kilometres on each side of the Grand River from mouth to source. Our active work toward reconciliation takes place in all corners of our campus through research, learning, teaching, community building and outreach. We are guided by the work of our Reconciliation and Re-storying Steering Committee and Anti-Racism and Decolonization Spokesouncil, as well as the [University of Waterloo's Office of Indigenous Relations](http://uwaterloo.ca/hrei/indigenoussinitiatives) (<http://uwaterloo.ca/hrei/indigenoussinitiatives>).

### ACADEMIC FREEDOM AT THE UNIVERSITY OF WATERLOO

[Policy 33, Ethical Behaviour](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-33) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-33>) states, as one of its general principles (Section 1), “The University supports academic freedom for all members of the University community. Academic freedom carries with it the duty to use that freedom in a manner consistent with the scholarly obligation to base teaching and research on an honest and ethical quest for knowledge. In the context of this policy, 'academic freedom' refers to academic activities, including teaching and scholarship, as is articulated in the principles set out in the Memorandum of Agreement between the FAUW and the University of Waterloo, 1998 (Article 6). The academic environment which fosters free debate may from time to time include the presentation or discussion of unpopular opinions or controversial material. Such material shall be dealt with as openly, respectfully and sensitively as possible.” This definition is repeated in Policies 70 and 71, and in the Memorandum of Agreement, Section 6

### COMMUNICATION POLICY

Email, using the uWaterloo provided email address, is the approved method of communication for Renison. The Office 365 email that you use to login using your WatIAM login and password is secure and confidential. Take caution when forwarding your WatIAM email to an external email service as confidential information forwarded to a third-party provider could be a data security breach and violation of FIPPA (Freedom of Information and Protection of Privacy Act) under which all students, staff, and faculty are bound by law.

### POLICY ON PLAGIARISM

“Policy 71’s glossary defines plagiarism, in part, as “presenting, whether intentionally or not, the ideas, expression of ideas or work of others (whether attributed or anonymous) as one’s own in any work submitted whether or not for grading purposes”...

The Vice-President Academic and Dean has the authority to assess instances of plagiarism and the resultant penalties that are raised by an instructor. An instructor can propose a grade penalty to the Vice-President Academic and Dean, who will decide whether to accept the penalty or initiate a formal inquiry.”

For additional information on how plagiarism is dealt with at Renison, review the policy from where the above text is copied: [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-71) (https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-71) .

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. See Waterloo's policy on [Fair Dealing](https://uwaterloo.ca/copyright-at-waterloo/teaching/fair-dealing-advisory) (https://uwaterloo.ca/copyright-at-waterloo/teaching/fair-dealing-advisory) . Violation of Canada's Copyright Act is a punishable academic offence under [Policy 71 – Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) .

## GENERATIVE AI

This course includes the independent development and practice of specific skills, such as writing reflective journals, searching for primary source research evidence, and referencing information sources. Therefore, the use of Generative artificial intelligence (GenAI) trained using large language models (LLM) or other methods to produce text, images, music, or code, like Chat GPT, DALL-E, or GitHub CoPilot, is not permitted in this class. Unauthorized use in this course, such as running course materials through GenAI or using GenAI to complete a course assessment is considered a violation of [Policy 71](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (plagiarism or unauthorized aids or assistance). Work produced with the assistance of AI tools does not represent the author's original work and is therefore in violation of the fundamental values of academic integrity including honesty, trust, respect, fairness, responsibility and courage ([ICAI](https://academicintegrity.org/images/pdfs/20019_ICAI-Fundamental-Values_R12.pdf) (https://academicintegrity.org/images/pdfs/20019\_ICAI-Fundamental-Values\_R12.pdf) , n.d.).

You should be prepared to show your work. To demonstrate your learning, you should keep your rough notes, including research notes, brainstorming, and drafting notes. You may be asked to submit these notes along with earlier drafts of their work, either through saved drafts or saved versions of a document. If the use of GenAI is suspected where not permitted, you may be asked to meet with your instructor or TA to provide explanations to support the submitted material as being your original work. Through this process, if you have not sufficiently supported your work, academic misconduct allegations may be brought to the Associate Dean.

In addition, you should be aware that the legal/copyright status of generative AI inputs and outputs is unclear. More information is available from the Copyright Advisory Committee: <https://uwaterloo.ca/copyright-at-waterloo/teaching/generative-artificial-intelligence> (https://uwaterloo.ca/copyright-at-waterloo/teaching/generative-artificial-intelligence)

Students are encouraged to reach out to campus supports if they need help with their coursework including:

- [Student Success Office](https://uwaterloo.ca/student-success/resources) (https://uwaterloo.ca/student-success/resources) for help with skills like notetaking and time management
- [Writing and Communication Centre](https://uwaterloo.ca/writing-and-communication-centre/services-o/services-undergraduate-students) (https://uwaterloo.ca/writing-and-communication-centre/services-o/services-undergraduate-students) for assignments with writing or presentations
- [AccessAbility Services](https://uwaterloo.ca/accessability-services/students) (https://uwaterloo.ca/accessability-services/students) for documented accommodations
- [Library](https://uwaterloo.ca/library/research-supports/quick-start-guide) (https://uwaterloo.ca/library/research-supports/quick-start-guide) for research-based assignments

## DECLARING ABSENCES

For all of the following categories of absence students are responsible for getting in touch with their course instructors as soon as possible to discuss possible accommodations for the missed course component(s). The course instructor will determine how the missed work is accommodated. Absences will be accommodated according to the [academic regulations section of the undergraduate calendar](https://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations) (https://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations) .

If you are unable to complete a course component due to [self-declared COVID-related reasons](https://uwaterloo.ca/quest/help/students/how-do-i/self-declare-absence-undergraduate-students#public-health) (<https://uwaterloo.ca/quest/help/students/how-do-i/self-declare-absence-undergraduate-students#public-health>) or a [two-day short-term absence](https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences) (<https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences>) then you should submit a self-declaration of absence through [Quest](https://uwaterloo.ca/quest/help/students/how-do-i/self-declare-absence-undergraduate-students) (<https://uwaterloo.ca/quest/help/students/how-do-i/self-declare-absence-undergraduate-students>).

If your absence is due to an [illness not pandemic-related](https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#VIF) (<https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#VIF>), then a [UW Verification of Illness form](https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#VIF), (<https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#VIF>) completed by a health professional, must be uploaded and submitted through the [Verification of Illness or Extenuating Circumstances Process](https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#submit-other). (<https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#submit-other>) The VIF is the only acceptable documentation for an absence due to illness. Do not submit the VIF or any other medical documentation to your instructors, teaching assistants, or other course personnel.

If your absence is due to other [extenuating circumstances](https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#submit-other) (<https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#submit-other>) (e.g., bereavement), then you must submit all documentation related to the absence (e.g., obituary) through the [Verification of Illness or Extenuating Circumstances Process](https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#submit-other) (<https://uwaterloo.ca/arts/undergraduate/student-support/accommodations-illness-or-extenuating-circumstances#submit-other>).

Submission through the VIF or Extenuating Circumstances System, once approved, will notify your instructors of your absence.

If your absence is due to a [religious or spiritual observance](https://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations) (<https://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations>) please inform the instructor within two weeks of the announcement of the due date for which the accommodation is being sought. However, you are responsible for contacting instructors to discuss accommodation arrangements.

## PRONOUNS AND CHOSEN OR PREFERRED FIRST NAME

Students can verify their chosen or preferred first name by logging into [WatIAM](https://idm.uwaterloo.ca/watiam/) (<https://idm.uwaterloo.ca/watiam/>). Your chosen or preferred first name listed in WatIAM will be used across campus (e.g., in LEARN, Quest, WaterlooWorks, WatCard, etc). Your legal first name will always be used on certain official documents, such as diplomas and transcripts.

Students can view and change their pronouns in [Quest](https://uwaterloo.ca/quest/help/students/how-do-i/view-or-update-my-personal-information) (<https://uwaterloo.ca/quest/help/students/how-do-i/view-or-update-my-personal-information>). Should you choose to include your pronouns in Quest, your pronouns will be accessible by instructors, advisors, and employees with access to Quest. If no pronoun is added, the field in Quest will remain blank.

## MENTAL HEALTH SUPPORT

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health support if they are needed.

### On campus supports

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health and counselling if they are needed. For counselling (individual or group) reach out to [Campus Wellness and Counselling Services](https://uwaterloo.ca/campus-wellness/counselling-services). (<https://uwaterloo.ca/campus-wellness/counselling-services>) Counselling Services strives to provide a

secure, supportive environment for students of all orientations and backgrounds. They offer confidential counselling for a variety of areas including anxiety, stress management, depression, grief, substance use, sexuality, relationship issues, and much more.

### Other on-campus supports

- **MATES** (<https://wusa.ca/services/uw-mates>) : one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services
- Download the **WatSafe app** (<https://uwaterloo.ca/watsafe/>) to your phone to quickly access mental health support information
- **Empower Me** (<https://uwaterloo.us11.list-manage.com/track/click?u=f5194df42b6fc63ac2f0875eb&id=6859501915&e=d4e4205e24>) : to access create an account on the Dialogue mobile app or on the web at [www.studentcare.ca/dialogue](http://www.studentcare.ca/dialogue) (<http://www.studentcare.ca/dialogue>)
- **Sexual Violence Prevention and Response Centre** (<https://uwaterloo.ca/sexual-violence-prevention-response-office/>) - supports all members of the University of Waterloo campus community who have experienced or been impacted by sexual violence.

### Off campus supports

- **Good2Talk** (<https://good2talk.ca/>) : Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-4300
- **St. Mary's Hospital** (<https://uwaterloo.us11.list-manage.com/track/click?u=f5194df42b6fc63ac2f0875eb&id=f9ffc07602&e=d4e4205e24>) - 519-744-3311
- **Here 24/7** (<https://here247.ca/>) : Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- 988 Suicide Crisis Helpline: a 24/7 urgent mental health care three-digit helpline
- **OK2BME** (<https://ok2bme.ca/>) : set of support services for Two-Spirit, lesbian, gay, bisexual, trans, queer, intersex, asexual (@SLGBTQIA+) and questioning kids, teens, adults, and their families in Waterloo Region. Phone: 519-884-0000 or e-mail [ok2bme@caminowellbeing.ca](mailto:ok2bme@caminowellbeing.ca) (<mailto:ok2bme@caminowellbeing.ca>)
- **Sexual Assault Support Centre of Waterloo Region** (<http://www.sascwr.org/>) - offers individual counselling to people of all genders, 16+ who have been sexually assaulted at any point in their lives. As well as short-term support for family members or friends of sexual assault survivors. Also, information and referrals

More information about resources and supports for students can be found online in on the [Faculty of Arts Student Support](https://uwaterloo.ca/arts/undergraduate/student-support/) (<https://uwaterloo.ca/arts/undergraduate/student-support/>) page.

## UNIVERSITY POLICY

**Academic integrity:** In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. [Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) (<https://uwaterloo.ca/academic-integrity/>) for more information.]

**Grievance:** A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70, Student Petitions and Grievances, Section 4](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>) . When in doubt, please be certain to contact the department's administrative assistant who will provide further assistance.

**Discipline:** A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for their actions. [Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) (<https://uwaterloo.ca/academic-integrity/>) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course instructor, academic advisor, or the undergraduate associate dean. For information on categories of offences and types of penalties, students should refer to [Policy 71, Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>) . For typical penalties, check [Guidelines for the Assessment of Penalties](https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties) (<https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties>) .

**Appeals:** A decision made or penalty imposed under [Policy 70, Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>) (other than a petition) or [Policy 71, Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>) may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72, Student Appeals](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72>) .

**Note for students with disabilities:** [AccessAbility Services](https://uwaterloo.ca/accessability-services/) (<https://uwaterloo.ca/accessability-services/>) , located in Needles Hall, Room 1401, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

**Turnitin.com:** Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit alternate assignment.