Course Schedule

Important: ALL TIMES EASTERN - Please see the [University Policies](#) section of your Course Outline for details

Week	Module	Readings	Activities and Assignments	End/Due Date	Weight (%)
Week 1	[Module 1: Introduction and Basic Concepts](#)	**Chapter 1** in Rathus, S., Rogerson, R., & Berk, L. (2020). *HDEV* (4th ed.). Toronto, ON: Cengage. Nelson, Z. (2019). How Early Experience Shapes Human Development: The Case of Psychosocial Deprivation. *Neural Plasticity*, 2019, 1–12. https://doi.org/10.1155/2019/1676285 **(Course Reserves)**	[Introduce Yourself](#)	Sunday, September 10, 2023 at 11:59 PM	Ungraded
			[Quiz 1](#)	Friday, September 22, 2023 at 11:59 PM	Best 15 of 19 worth 30%
Week 2	[Module 2: Theories and Methods](#)	The corresponding chapter for your Group Portfolio Presentation Assignment in Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th ed.). Toronto, ON: Cengage.	Step 1: Select Your Group for [Group Portfolio Presentation](#)	Groupless individuals will be auto-enrolled in a group after Tuesday, September 12, 2023 at 11:59 PM	
			[Reflective](#)	Friday, September	Best 5 of 6 worth

Week	Module	Readings	Assessment	Due Date	Weight
			Journal 1	15, 2023 at 11:59 PM	25%
Week 3	Module 3: Viewing Lifespan from an Attachment Lens	**Chapter 2** in Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th Ed.). Toronto, ON: Cengage.	Step 2: Research Agenda of Group Portfolio Presentation	Friday, September 22, 2023 at 11:59 PM	2%
			Quiz 2	Friday, September 22, 2023 at 11:59 PM	
			Quiz 3	Friday, October 6, 2023 at 11:59 PM	
Week 4	Module 4: Resilience	**Chapter 3 and 4** in Rathus, S., Rogerson, R., & Berk, L. (2020). *HDEV* (4th Ed.). Toronto, ON: Cengage.	Quiz 4	Friday, October 6, 2023 at 11:59 PM	
			Reflective Journal 2	Friday, September 29, 2023 at 11:59 PM	
			Infancy Groups Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of Group Portfolio Presentation	Thursday, October 5, 2023 at 11:59 PM	23%
	Module 5:	**Chapters 5 and 6** in: Rathus, S., Rogerson, R., & Berk, L. (2020).			

Week 5	Infancy	*HDEV* (4th ed.). Toronto, ON: Cengage.	Discussion and Peer Evaluation	Wednesday, October 18, 2023 at 11:59 PM	20%
			Quiz 5	Friday, October 6, 2023 at 11:59 PM	
			Quiz 6	Friday, October 6, 2023 at 11:59 PM	

Reading Week (Saturday, October 7, 2023 to Sunday, October 15, 2023)

			Early Childhood Groups Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of Group Portfolio Presentation	Thursday, October 19, 2023 at 11:59 PM	
Week 6	Module 6: Early Childhood	**Chapters 7 and 8** in: Rathus, S., Rogerson, R., & Berk, L. (2020). *HDEV* (4th ed.). Toronto, ON: Cengage.	Discussion and Peer Evaluation	Wednesday, October 25, 2023 at 11:59 PM	
			Quiz 7	Friday, October 27, 2023 at 11:59 PM	
			Quiz 8	Friday, October 27,	

				2023 at 11:59 PM
			[Reflective Journal 3](#)	Friday, October 20, 2023 at 11:59 PM
Week 7	[Module 7: Middle Childhood](#)	**Chapters 9 and 10** in: Rathus, S., Rogerson, R., & Berk, L. (2020). *HDEV* (4th ed.). Toronto, ON: Cengage.	Middle Childhood Groups Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of [Group Portfolio Presentation](#)	Thursday, October 26, 2023 at 11:59 PM
			[Discussion and Peer Evaluation](#)	Wednesday, November 1, 2023 at 11:59 PM
			[Quiz 9](#)	Friday, October 27, 2023 at 11:59 PM
			[Quiz 10](#)	Friday, October 27, 2023 at 11:59 PM
			Adolescence Groups Step 3: Create and Share your	Thursday,

			Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of [Group Portfolio Presentation](#)	November 2, 2023 at 11:59 PM
Week 8	[Module 8: Adolescence](#)	**Chapters 11 and 12** in: Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th ed.). Toronto, ON: Cengage.	[Discussion and Peer Evaluation](#)	Wednesday, November 8, 2023 at 11:59 PM
			[Quiz 11](#)	Friday, November 10, 2023 at 11:59 PM
			[Quiz 12](#)	Friday, November 10, 2023 at 11:59 PM
			[Reflective Journal 4](#)	Friday, November 3, 2023 at 11:59 PM
			Early Adulthood Groups Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of [Group Portfolio Presentation](#)	Thursday, November 9, 2023 at 11:59 PM
Week 9	[Module 9: Early](#)	**Chapters 13 and 14** in: Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th		Wednesday,

Adulthood	ed.). Toronto, ON: Cengage.	Discussion and Peer Evaluation	November 15, 2023 at 11:59 PM
		Quiz 13	Friday, November 10, 2023 at 11:59 PM
		Quiz 14	Friday, November 10, 2023 at 11:59 PM
		Middle Adulthood Groups Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of Group Portfolio Presentation	Thursday, November 16, 2023 at 11:59 PM
Week 10	Module 10: Middle Adulthood	**Chapters 15 and 16** in: Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th ed.). Toronto, ON: Cengage.	Discussion and Peer Evaluation	Wednesday, November 22, 2023 at 11:59 PM
		Quiz 15	Friday, December 1, 2023 at 11:59 PM
		Quiz 16	Friday, December 1, 2023 at

11:59 PM

[Reflective Journal 5](#)

Friday, November 17, 2023 at 11:59 PM

Late Adulthood Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group Work and Annotated Bibliography of [Group Portfolio Presentation](#)

Thursday, November 23, 2023 at 11:59 PM

Week 11 [Module 11: Late Adulthood](#)

Chapters 17 and 18 in: Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th ed.). Toronto, ON: Cengage.

[Discussion and Peer Evaluation](#)

Wednesday, November 29, 2023 at 11:59 PM

[Quiz 17](#)

Friday, December 1, 2023 at 11:59 PM

[Quiz 18](#)

Friday, December 1, 2023 at 11:59 PM

End of Life Groups

Step 3: Create and Share your Presentation and Step 4: Individual Reflection on Group

Thursday, November 30, 2023 at

			Work and Annotated Bibliography of [Group Portfolio Presentation](#)	11:59 PM
Week 12	[Module 12: Death and Dying](#)	**Chapters 19** in: Rathus, S., Rogerson, R., & Berk, L. (2020). HDEV (4th ed.). Toronto, ON: Cengage.	[Discussion and Peer Evaluation](#)	**Tuesday, December 5, 2023 at 11:59 PM**
			[Quiz 19](#)	Friday, December 1, 2023 at 11:59 PM
			[Reflective Journal 6](#)	Friday, December 1, 2023 at 11:59 PM

There is no final examination for this course

Contact Information

Announcements

You are expected to check **Announcements** on the **Course Home** page on a regular basis. To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above. A **General Discussion** topic has also been made available to allow students to communicate with peers in the course. Your instructor may drop in at this discussion topic.

Contact Us

Who and Why	Contact Details
	Post your course-related questions to the **Ask the Instructor** discussion topic. This allows other students to benefit from your question as well.
Instructor • Course-related questions (e.g., course content, deadlines, assignments, etc.)	**Questions of a personal nature** can be directed to your instructor. Instructor: Hsiao D'Ailly

- Questions of a personal nature

hdailly@uwaterloo.ca

Your instructor checks email and the **Ask the Instructor** discussion topic frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.

Technical Support, Centre for Extended Learning

- Technical problems with Waterloo LEARN
- Questions about PebblePad

learnhelp@uwaterloo.ca

Include your full name, WatIAM user ID, student number, and course name and number.

Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).

[IST Knowledge Base: For Students](#)

Learner Support Services, Centre for Extended Learning

- General inquiries
- Examination information

[Student Resources](#)

extendedlearning@uwaterloo.ca

Include your full name, WatIAM user ID, student number, and course name and number.

Course Description and Learning Outcomes

Course Description

This course is an introduction to human development that spans conception to death. It provides an overview of events which occur throughout the course of life and consideration for how these may impact healthy development. The course applies a bio-psycho-social perspective and a scientific approach to understanding lifespan development. Human growth will be explored according to how biological and psychological determinants as well as how social environment impacts development. Students are encouraged to personally reflect on course material and examine the circumstances and experiences that have shaped them until now and those which may influence their future development.

Learning Outcomes

After completing this course, you will be able to:

- Describe key life events from conception to death
- Identify and describe major lifespan phases
- Define key changes and characteristics of each phase of life
- Implement the bio-psycho-social perspective and a scientific approach to lifespan issues
- Relate developmental theories and lifespan concepts to real-life situations
- Connect lifespan concepts to yourself and others, considering their implications

About the Course Authors

Hsiao d'Ailly — Course Author and Instructor

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Dr. Hsiao d'Ailly is an Associate Professor in Psychology and the past chair of Social Development Studies (2007-2013; 2015-2018). Her areas of teaching and research include social statistics, social research methods, motivation, educational psychology, cross-cultural psychology, and immigrant adaptation. Her most recent research is an evaluation study of a project called "Engaging wellness to reduce social isolation among people living with dementia and their care partners". This project is funded by the Trillium foundation and implemented by three Alzheimer Societies in Grey-Bruce, Huron and Perth Counties.

Dr. d'Ailly has been an active member in the community and has taken on several leadership roles. She was the President of the Board for K-W Counseling Services (KWCS) from 2005-2007, a non-profit counseling agency in Waterloo region and continued to serve as a board director for that agency until 2010. Dr. d'Ailly was a member of the steering committee and later participated in program evaluation for "Taking Culture Seriously in Mental Health", a 5-year Community University Research Alliance (CURA) project funded by Social Sciences and Humanities Research Council of Canada (SSHRC). Currently, Dr. d'Ailly is a board director and Vice Chair of the Center for Community Based Research (CCBR), and the Vice President of Chinese Canadian Woman's Federation (CCWF) in Waterloo Region.

Dr. d'Ailly grew up in Taiwan. She earned a teaching certificate with a specialization in Music from Taipei Municipal Junior Teachers College and taught in elementary schools before immigrating to Canada. She has a BA degree in English from The National Taiwan Normal University, a Master of Education degree and a Ph.D. in Psychology, both from The Western University. In her spare time, Hsiao enjoys travel, films, music, and long walks with friends.

Debbie Wang - Course Author

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Dr. Debbie Wang is a part-time faculty member at Renison University College. Her areas of teaching include Lifespan Processes, Social Work with Individuals, and Social Work with Families. At the graduate level, she has taught Reflexivity, Couples Therapy, and Integrating Theory and Practice at Wilfrid Laurier University. The main focus of Dr. Wang's research is to explore ways to incorporate attachment-informed couple relationship education into current prenatal education in order to help expectant couples build secure attachment for optimal mental health and family functioning, and to promote a smoother transition in partnering and parenting. She is the co-author of the textbook chapter on Attachment Theory in Theoretical Perspectives for Direct Social Work Practice: A Generalist-Eclectic Approach (2016).

With over 25 years of experience in the helping profession both in public sector and private practice, Dr. Wang is a skilled clinician, a certified Emotionally Focused Therapy therapist and supervisor. She is diligent in following new research findings and continues to learn cutting-edge approaches to be an effective practitioner. Her specialized areas are attachment-informed education and counselling, perinatal mental health, Adult Attachment Interview, betrayal trauma and sexual addiction, and using EMDR to treat trauma.

Dr. Wang believes in the value of relationships and their power to change lives and transform society. She is passionate about teaching that nurtures minds and empowers others to reach their potential. Dr. Wang received her PhD in Social Work and Master of Social Work degree from Wilfrid Laurier University. She earned her BSW from McMaster university and a BA in Psychology from the University of Tennessee. In her spare time, she enjoys cultural foods, nature, hiking, photo/videography and many other of life's simple joys.

Materials and Resources

Textbook(s)

Required

1. Rathus, S., Rogerson, R., & Berk, L. (2020). *HDEV* (4th ed.). Toronto, ON: Cengage

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Course Reserves

[Course Reserves for Students](#) are used in this course. Course Reserves can be accessed using the **Library Resources** widget on the **Course Home** page.

Resources

- Library services for [Co-op students on work term and students taking online courses](#)

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weight (%)
Introduce Yourself	Ungraded
Chapter Quizzes (best 15 out of 19)	30%
Reflective Journals (pick 5 out of 6)	25%
Group Portfolio Presentation	25%
Discussion and Peer Review	20%

Official Grades

Official Grades and Academic Standings are available through [Quest](#) .

Course Policies

Late Policy

Please note, this course has been designed to create maximum flexibility with due dates and submissions. As such, late work will not be accepted without prior arrangements. Please reach out to the instructor as soon as you can if you are facing problems with completing required work.

Use of Artificial Intelligence

This course includes the independent development and practice of specific skills, such as collecting, synthesizing, analyzing, reflecting, and evaluating information as well as developing and practicing writing skills. Therefore, the use of generative artificial intelligence (GenAI) trained using large language models (LLM) or other methods to produce text, images, music, or code, like Chat GPT, DALL-E, or GitHub CoPilot, is **not permitted in this class**. Unauthorized use in this course, such as running course materials through GenAI or using GenAI to complete a course assessment is considered a violation of Policy 71 (plagiarism or unauthorized aids or assistance). Work produced with the assistance of AI tools does not represent the author's original work and is therefore in violation of the fundamental values of academic integrity including honesty, trust, respect, fairness, responsibility and courage (ICAI, n.d.).

You should be prepared to show your work. To demonstrate your learning, you should keep your rough notes, including research notes, brainstorming, and drafting notes. You may be asked to submit these notes along with earlier drafts of their work, either through saved drafts or saved versions of a document. If the use of GenAI is suspected where not permitted, you may be asked to meet with your instructor or TA to provide explanations to support the submitted material as being your original work. Through this process, if you have not sufficiently supported your work, academic misconduct allegations may be brought to the Associate Dean.

In addition, you should be aware that the legal/copyright status of generative AI inputs and outputs is unclear. More information is available from the Copyright Advisory Committee.

Students are encouraged to reach out to campus supports if they need help with their coursework including:

- Student Success Office for help with skills like notetaking and time management
- Writing and Communication Centre for assignments with writing or presentations
- AccessAbility Services for documented accommodations
- Library for research-based assignments

University Policies

Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the Ontario, Canada Time Converter (http://www.worldtimeserver.com/convert_time_in_CA-ON.aspx).

Short-Term Absences

Review the University of Waterloo's Accommodations (http://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations) policy for more details.

Additionally, undergraduate students have the option to self-declare a short-term absence during the formal lecture period by following the Undergraduate student short-term absences (https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences) process outlined by the Registrar's Office.

Please follow the instructions above and contact your instructor for applicable accommodations.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.** Undergraduate students should see the Undergraduate Academic Integrity Module

(https://uwaterloo.ca/library/research-supports/academic-integrity/undergraduate-academic-integrity-module) and graduate students should see the Graduate Academic Integrity Module (https://uwaterloo.ca/library/get-assignment-and-research-help/academic-integrity/graduate-students-and-academic-integrity) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity (http://uwaterloo.ca/academic-integrity/).

Turnitin

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

Turnitin® at Waterloo (https://uwaterloo.ca/academic-integrity/integrity-waterloo-faculty/turnitinr-waterloo)

Discipline

A student is expected to know what constitutes academic integrity (http://uwaterloo.ca/academic-integrity/) to avoid committing an academic offence, and to take responsibility for their actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline (https://uwaterloo.ca/secretariat/policies-

procedures-guidelines/policy-71). For typical penalties, check <u>Guidelines for the</u> <u>Assessment of Penalties (https://uwaterloo.ca/secretariat/guidelines/guidelines-</u> <u>assessment-penalties)</u>.

Appeals

A decision made or penalty imposed under <u>Policy 70 - Student Petitions and Grievances</u> <u>(https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70)</u>, (other than a petition) or <u>Policy 71 - Student Discipline (https://uwaterloo.ca/secretariat/policies-</u> <u>procedures-guidelines/policy-71)</u>, may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to <u>Policy 72 - Student Appeals</u> <u>(https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72)</u>.

Grievance

A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read <u>Policy 70</u> <u>- Student Petitions and Grievances (https://uwaterloo.ca/secretariat/policies-</u> <u>procedures-guidelines/policy-70)</u>, Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

Final Grades

In accordance with <u>Policy 46 - Information Management</u> <u>(https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policies/policy-46-</u> <u>information-management)</u>, Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to <u>Quest (https://uwaterloo.ca/quest/)</u> to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

<u>AccessAbility Services (https://uwaterloo.ca/accessability-services/)</u>, located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic

integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the Accessibility for Ontarians with Disabilities Act (AODA) (http://www.ontario.ca/laws/statute/05a11) are guided by University of Waterloo accessibility Legislation (https://uwaterloo.ca/human-resources/accessibility/legislation) and policy and the World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG) 2.0 (http://www.w3.org/TR/WCAG20/). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about Accessibility at D2L (http://www.d2l.com/accessibility/standards/).

Use of Computing and Network Resources

Please see the Guidelines on Use of Waterloo Computing and Network Resources (https://uwaterloo.ca/information-systems-technology/about/policies-standards-and-guidelines/campus-computing-and-network/guidelines-use-waterloo-computing-and-network-resources).

Copyright Information

UWaterloo's Web Pages

All rights, including copyright, images, slides, audio, and video components, of the content of this course are owned by the course author and the University of Waterloo, unless otherwise stated. By accessing this course, you agree that you may only download the content for your own personal, non-commercial use. You are not permitted to copy, broadcast, download, store (in any medium), transmit, show or play in public, adapt, or change in any way the content of these web pages for any other purpose whatsoever without the prior written permission of the course author and the University of Waterloo, Centre for Extended Learning.

Other Sources

University of Waterloo

Credits and Copyright (/d2l/common/dialogs/quickLink/quickLink.d2l?

ou=930223&type=content&rcode=uWaterloo-2617446)