

SDS 350R Adult Life Crises & Events

Course Schedule

IMPORTANT: ALL TIMES EASTERN

Please see the [University Policies](#) section of your Course Outline for details.

Week	Module	Readings	Activities and Assignments	Due Date	Weight (%)
Week 1 (Jan. 8 - 14)	Module 1 – Course Kickoff		Introduce Yourself Describe your interest in things you would like to learn more about via projects		Ungraded
Week 2 (Jan. 15 - 21)	Module 2 – Introduction	Chapter 1	Presentation assignment: <ul style="list-style-type: none"> Form groups of 1-4 Contact group members Pick topics 	Wednesday, January 17, 2024 at 11:59 PM	
Week 3 (Jan. 22 - 28)	Module 3 – Health	Chapter 3	Work on your Presentation		
Week 4 (Jan. 29 - Feb. 4)	Module 4 – Social Roles	Chapter 5	Submit your group's Presentation to the dropbox and discussion	Friday, February 2, 2024 at 11:59 PM	15%
Week 5 (Feb. 5 - 11)	Module 5 – Social Relationships	Chapter 6	Poster assignment: <ul style="list-style-type: none"> Form groups of 1-2 Contact group members Pick agency 	Wednesday, February 7, 2024 at 11:59 PM	
			Write feedback on the Presentation of other groups. Please try to ensure that everyone receives peer feedback. Be responsible with your comments. Be constructive.	Friday, February 9, 2024 at 11:59 PM	

Week 6 (Feb. 12 - 16)	Module 6 – Work Week for Essays		Work on your Poster		
Reading Week (Saturday, February 17, 2024 to Sunday, February 25, 2024)					
Week 7 (Feb. 26 - Mar. 3)	Module 7 – Work and Retirement	Chapter 7	Research Essay assignment: <ul style="list-style-type: none"> Form groups of 1-4 Contact group members Pick topics 	Wednesday, February 28, 2024 at 11:59 PM	
			Submit your Poster to the dropbox and discussion	Friday, March 1, 2024 at 11:59 PM	12%
Week 8 (Mar. 4 - 10)	Module 8 – Quest for Meaning	Chapters 8 and 9	Write feedback on the Poster of other groups.	Friday, March 8, 2024 at 11:59 PM	
			Work on your Research Essay		
Week 9 (Mar. 11 - 17)	Module 9 – Stress and Coping	Chapter 10	Submit your Nuggets of Wisdom to the discussion. Video submissions are welcome, as are artwork pieces, etc.	Friday, March 15, 2024 at 11:59 PM	3%
			Work on your Research Essay		
Week 10 (Mar. 18 - 24)	Module 10 – Death and Bereavement	Chapter 11	Work on your Research Essay		
Week 11 (Mar. 25 - 31)	Module 11 – The Final Journey	Chapter 12	Submit Reflection to the dropbox	Thursday, March 28, 2024 at 11:59 PM	10%
			Submit your Draft Research Essay to the dropbox. Wait 30 minutes. Obtain Turnitin Similarity Report. Revise all problematic areas identified by Turnitin. The purpose of the early date is for you to review your paper yourself. PLEASE check the similarity report. This is an independent activity to help you plan ahead to meet deadlines and learn how	Preliminary Due Date: Thursday, March 28, 2024 at 11:59 PM (Strongly	

having assignments completed ahead of schedule can help you improve your own work. You will not receive feedback on the draft.

Suggested)

Week 12
(Apr. 1 - 7)

Module 12 –
[Loose Ends](#)

Submit your **Final [Research Essay](#)** to the dropbox

Friday, April 25%
5, 2024 at
11:59 PM

Prepare for [Final Examination](#)

35%

SDS 350R Adult Life Crises & Events

Contact Information

Announcements

You are expected to check **Announcements** on the **Course Home** page on a regular basis. To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above. A [General Discussion](#) topic has been made available to allow you to communicate with your peers in this course. Your instructor may drop in at this discussion topic.

Contact Us

Who and Why	Contact Details
Instructor and TA <ul style="list-style-type: none"> Course-related questions (e.g., course content, deadlines, assignments, etc.) Questions of a personal nature 	Course-related questions: Please email the professor. Instructor: Dr. Sharon Roberts sharon.roberts@uwaterloo.ca
Technical Support, Centre for Extended Learning <ul style="list-style-type: none"> Technical problems with Waterloo LEARN 	learnhelp@uwaterloo.ca Include your full name, WatIAM user ID, student number, and course name and number. Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time). IST Knowledge Base: For Students
Learner Support Services, Centre for Extended Learning <ul style="list-style-type: none"> General inquiries 	Student Resources extendedlearning@uwaterloo.ca

- Examination information

Include your full name, WatIAM user ID, student number, and course name and number.

SDS 350R Adult Life Crises & Events

Course Description and Objectives

Description

This course will examine interdisciplinary ways of understanding normal development in adulthood. We will examine a range of theories related to theory and research, health, social roles, work, deriving meaning in life, stress and coping, and death and bereavement. Our purpose is to understand what happens during the adult years and the psychological and sociological contexts in which these events take place.

Objectives

At the course's conclusion, you will be able to

- describe the events, transitions, and development that affect adult development;
- explain and discuss concepts of adult development;
- apply your research skills to describe and present information related to transitions and events in adulthood;
- better understand the social services that are available to assist with the challenges of adulthood;
- explore your passions within the contexts of academia and the “real” world;
- critically examine your own world through a theoretical lens; and
- raise consciousness about our social world—the role we play and the opportunity it affords us to contribute.

A Message From Your Instructor



This online course was developed by Dr. Sharon Roberts, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.

SDS 350R Adult Life Crises & Events

About the Course Author



Course Author

Dr. Sharon Roberts

Sharon Roberts is an Associate Professor at Renison University College at the University of Waterloo. She received her PhD from the University of Western Ontario. Sharon has an interdisciplinary background with degrees in sociology and psychology, a certificate in program and policy evaluation, and a diverse research background that spans multiple methodologies and areas such as identity and the transition to adulthood, eating disorders, furries, risk taking in adolescence, and mixed-method evaluation of primary healthcare.

She is currently a co-investigator working on the mixed-method evaluation of the Quality Improvement & Innovation Partnership (QIIP) project (collaborating with Western and Queen's), is working as a co-principal investigator on the International Anthropomorphic Research Project, and a cross-cultural study of Identity Horizons with colleagues from Ontario, Miami, and Japan. Sharon currently teaches Introduction to Sociology, Deviance, Research Methods, and Adult Life Crisis and Events.

In her volunteer work, Sharon was a member of the board of directors at Hope's Garden Eating Disorders Support and Resource Centre in London (2006-12). She is currently a board member and the Vice President of the Eating Disorders Foundation of Canada (since 2008). In her spare time, Sharon enjoys taking acoustic drum lessons from her hubby who is a professional musician.

SDS 350R Adult Life Crises & Events

Materials and Resources

Textbook

Required

1. *The Journey of Adulthood*, 9th edition, Barbara R.Bjorklund, Pearson Education, 2019.

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Resources

- Library services for [Co-op students on work term and students taking online courses](#)

SDS 350R Adult Life Crises & Events

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weight (%)
Introduce Yourself	Ungraded
Presentation (Groups of 1-4)	15%
Research Essay (Groups of 1-4)	25%
Poster (Individual or group of 2)	12%
Nuggets of Wisdom (Individual)	3%
Reflection (Individual)	10%
Final Test (Individual)	35%

Official Grades

Official Grades and Academic Standings are available through [Quest](#).

SDS 350R Adult Life Crises & Events

Course Policies

Late Assignments

Late assignments will be deducted 3% per day including weekends.

SDS 350R Adult Life Crises & Events

University Policies

Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](http://www.worldtimeserver.com/convert_time_in_CA-ON.aspx) (http://www.worldtimeserver.com/convert_time_in_CA-ON.aspx).

Short-Term Absences

Review the University of Waterloo's [Accommodations](http://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations) (<http://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations>) policy for more details.

Additionally, undergraduate students have the option to self-declare a short-term absence during the formal lecture period by following the [Undergraduate student short-term absences](https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences) (<https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences>) process outlined by the Registrar's Office.

Please follow the instructions above and contact your instructor for applicable accommodations.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.**

Undergraduate students should see the [Undergraduate Academic Integrity Module](https://uwaterloo.ca/library/research-supports/academic-integrity/undergraduate-academic-integrity-) (<https://uwaterloo.ca/library/research-supports/academic-integrity/undergraduate-academic-integrity->

module) and graduate students should see the [Graduate Academic Integrity Module](https://uwaterloo.ca/library/get-assignment-and-research-help/academic-integrity/graduate-students-and-academic-integrity) (<https://uwaterloo.ca/library/get-assignment-and-research-help/academic-integrity/graduate-students-and-academic-integrity>) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the [Office of Academic Integrity](http://uwaterloo.ca/academic-integrity/) (<http://uwaterloo.ca/academic-integrity/>).

Turnitin

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

Turnitin® at Waterloo (<https://uwaterloo.ca/academic-integrity/integrity-waterloo-faculty/turnitinr-waterloo>)

Discipline

A student is expected to know what constitutes [academic integrity](http://uwaterloo.ca/academic-integrity/) (<http://uwaterloo.ca/academic-integrity/>) to avoid committing an academic offence, and to take responsibility for their actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>). For typical penalties, check [Guidelines for the Assessment of Penalties](https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties) (<https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties>).

Appeals

A decision made or penalty imposed under [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>), (other than a petition) or [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>), may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72 - Student Appeals](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72>).

Grievance

A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>), Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

Final Grades

In accordance with [Policy 46 - Information Management](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policies/policy-46-information-management) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policies/policy-46-information-management>), Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to [Quest](https://uwaterloo.ca/quest/) (<https://uwaterloo.ca/quest/>) to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

[AccessAbility Services](https://uwaterloo.ca/accessability-services/) (<https://uwaterloo.ca/accessability-services/>), located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act \(AODA\)](#) (<http://www.ontario.ca/laws/statute/05a11>) are guided by University of Waterloo accessibility [Legislation](#) (<https://uwaterloo.ca/human-resources/accessibility/legislation>) and policy and the [World Wide Web Consortium's \(W3C\) Web Content Accessibility Guidelines \(WCAG\) 2.0](#) (<http://www.w3.org/TR/WCAG20/>). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about [Accessibility at D2L](#) (<http://www.d2l.com/accessibility/standards/>).

Use of Computing and Network Resources

Please see the [Guidelines on Use of Waterloo Computing and Network Resources](#) (<https://uwaterloo.ca/information-systems-technology/about/policies-standards-and-guidelines/campus-computing-and-network/guidelines-use-waterloo-computing-and-network-resources>).

Copyright Information

UWaterloo's Web Pages

All rights, including copyright, images, slides, audio, and video components, of the content of this course are owned by the course author and the University of Waterloo, unless otherwise stated. By accessing this course, you agree that you may only download the content for your own personal, non-commercial use. You are not permitted to copy, broadcast, download, store (in any medium), transmit, show or play in public, adapt, or change in any way the content of these web pages for any other purpose whatsoever without the prior written permission of the course author and the University of Waterloo, Centre for Extended Learning.

Other Sources

Respect the copyright of others and abide by all copyright notices and regulations when using the computing facilities provided for your course of study by the University of Waterloo. No material on the Internet or World Wide Web may be reproduced or distributed in any material form or in any medium, without permission from copyright holders or their assignees. To support your course of study, the University of Waterloo has provided hypertext links to relevant websites, resources, and services on the web. These resources must be used in accordance with any registration requirements or conditions which may be specified. You must be aware that in providing such hypertext links, the University of Waterloo has not

authorized any acts (including reproduction or distribution) which, if undertaken without permission of copyright owners or their assignees, may be infringement of copyright. Permission for such acts can only be granted by copyright owners or their assignees.

If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or extendedlearning@uwaterloo.ca (<mailto:extendedlearning@uwaterloo.ca>).