



AFFILIATED WITH THE UNIVERSITY OF WATERLOO

Renison University College
Affiliated with the University of Waterloo
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Renison University College Land Acknowledgement

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Anishinaabeg, Hodinohsyó:ni, and Attawandaran (Neutral) Peoples, which is situated on the Haldimand Tract, the land granted to the Six Nations that includes ten kilometres on each side of the Grand River from mouth to source. Our active work toward reconciliation takes place in all corners of our campus through research, learning, teaching, community building and outreach. We are guided by the work of our Reconciliation and Restoring Steering Committee and Anti-Racism and Decolonization Spokescouncil, as well as the [University of Waterloo's Office of Indigenous Relations](#).

Fall 2023

Course Code: SDS 367R

Course Title: Aging and Social Development

Class Times/Location: Tuesdays, 2:30 – 5:20pm (REN 0502)

Instructor: Dr. Jim Perretta, Registered Clinical Psychologist

Email: jim.perretta@uwaterloo.ca

Student Drop-In Hours: Tuesdays after class, or available upon email request. I am happy to discuss course-related topics, and graduate school options and job opportunities.

Course Description: This course will provide a critical examination of aging and social development. We will review a variety of issues in aging including ageism, personality, relationships, civic engagement, mental health, living with dementia, caregiving, cognitive changes, ethnic diversity, living arrangements and age-friendly cities.

Course Objectives and Learning Outcomes:

Upon completion of this course, students should be able to:

- a) Describe key characteristics of aging and social development
- b) Examine practical strategies to promote healthy aging
- c) Examine assessment tools which could be used in working with older adults and their families (e.g. depression, caregiving, cognition)
- d) Apply your theoretical knowledge through real-world examples, group presentations, and class participation.

Required Text: Harper, L., & Dobbs, B. (2018). Adult Development and Aging: The Canadian Experience (1st ed.). Toronto: Nelson Education.

Course Requirements: Level at least 2A

Course Requirements and Assessment

<u>Assessment</u>	<u>Date of Evaluation</u>	<u>Weighting</u>
Quizzes	Sept. 26 & Oct. 3; Nov. 7, 14 & 21	15%
Midterm Exam	Oct. 24	25%
Final Exam	TBA	25%
Class Participation Journal	Dec. 8	10%
Group Presentation	TBA	25%
Total		100%

Quizzes

A quiz will take place at the beginning of class on Sept. 26; Oct. 8; Nov. 7, 14 & 21. Five multiple choice items will be selected from the readings assigned for the week of the quiz. Your best 4 (out of 5) quizzes will be included in your final grade.

Midterm Exam

The 90-minute midterm on Oct. 24 will include multiple choice items and written responses, which will be drawn from the lectures and the assigned readings from the first half of the class.

Final Exam

The final exam will include multiple choice items and written responses, which will be drawn from the lectures and the assigned readings from the second half of the class, with the exception of one question which will be provided in our final lecture. In addition, a take-home point will be selected in-class from each group presentation, which may be on the final exam.

Class Participation Journal

SDS 367R places high emphasis on class attendance and participation, as learning is enhanced by active engagement, open discussion, and application of course material. You will submit a journal in a Dropbox on LEARN (1 - 1½ page single-spaced) - by Dec. 8. You will indicate your goals in taking this class and which lectures you were most engaged in. You will rate your contribution to the class discussion (out of 10): 0-4 = minimal; 5 = passable, 6 = fair, 7 = good, 8 = very good, 9 = excellent, 10 = exceptional. Justify your rating with specific examples of your contribution to the class discussion (in the larger class, smaller group-work, and presentations by your peers).

Group Presentation

On our course website, sign-up to present on a selected topic (first-come, first-choice). You and one of your classmates will complete a 25–30-minute Power Point presentation with periodic class discussion on a selected topic (e.g., quality of life in cancer care; music therapy for dementia care; robot companions; or aging and marketing). You will review various questions that arise, research evidence, practical applications, and future areas of

research for your topic. Identify the student author for each slide. Your final grade will be based on your background knowledge, focus of presentation, effective use of audio-visual media, oral presentation skills, and generation of class discussion. Each student will provide a 1½ - 2-page summary (single-spaced) of the key points that you covered in your specific portion of the presentation, along with another page listing your own References. You will also attach separate copies of the Group Participation Rubric (on the LEARN website) – you will rate yourself and your colleague on a number of criteria (e.g., workload, organization, and showing up for meetings). I am happy to schedule a meeting with you to discuss this project.

Course Outline

Week	Date	Readings
1	Sept. 12	<i>Introduction</i> Textbook: Chapter 1
2	Sept. 19	<i>Personality</i> Textbook: Chapter 9
3	Sept. 26	<i>Relationships</i> Textbook: Chapter 10
4	Oct. 3	<i>Cognitive Changes/Wisdom</i> Textbook: Chapter 4
5	Oct. 17	<i>Mental Health</i> Textbook: Chapter 6
6	Oct 24	<i>Midterm</i>
7	Oct. 31	<i>Longevity & Health</i> Textbook: Chapter 5
8	Nov. 7	<i>Neurocognitive Disorders / Living with Dementia</i> Chapter 7
9	Nov. 14	<i>Ethnic Diversity</i> Textbook: Chapter 8
10	Nov. 21	<i>Work, Retirement & Leisure</i> Textbook: Chapter 11
11	Nov. 28	<i>Death & Dying</i> Textbook: Chapter 12
12	Dec. 5 Dec. 8	<i>Living Arrangements / Age-Friendly Cities</i> Textbook: Chapter 13 <i>Class Participation Journal</i>

Late or Incomplete Work

Students should make every effort to submit their assignments on time. If a student anticipates a conflict with an assignment deadline or has concerns about completing the assignment, the student should contact the instructor as soon as possible once the realization is made.

Coursework Submission Policy

Dropboxes will be set up on LEARN to submit various assignments. It is the responsibility of the student to notify the instructor, in the first week of term or at the time assignment details are provided if they wish to submit an alternate assignment.

Policy on Plagiarism

“Policy 71’s glossary defines plagiarism, in part, as “presenting, whether intentionally or not, the ideas, expression of ideas or work of others (whether attributed or anonymous) as one’s own in any work submitted whether or not for grading purposes” ...

The Vice-President Academic and Dean has the authority to assess instances of plagiarism and the resultant penalties that are raised by an instructor. An instructor can propose a grade penalty to the Vice-President Academic and Dean, who will decide whether to accept the penalty or initiate a formal inquiry.”

For additional information on how plagiarism is dealt with at Renison, review the policy from where the above text is copied: [Policy 71 - Student Discipline](#).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. See Waterloo’s policy on [Fair Dealing](#). Violation of Canada’s Copyright Act is a punishable academic offence under [Policy 71 – Student Discipline](#).

Electronic Device Policy

Students who choose to use electronic devices to support their learning may do so provided that the individuals in the class are not disturbed or prohibited from their own learning. Electronic devices should be used for the purposes of supplementing the learning experience and focus on topics being discussed in class. Phones should be kept on silent during the class.

Attendance Policy

10% of your final grade will be based on your attendance and class participation. Accommodation will be made for student illness or other unforeseen events. You may miss up to two lectures without penalty.

Communication Policy

Email, using the uWaterloo provided email address, is the approved method of communication for Renison. The Office 365 email that you use to login using your WatIAM login and password is secure and confidential. Take caution when forwarding your WatIAM email to an external email service as confidential information forwarded to a third-party provider could be a data security breach and violation of FIPPA (Freedom of Information and Protection of Privacy Act) under which all students, staff, and faculty are bound by law.

Final Examination Policy

For **Fall 2023**, the established examination period is **December 8 - 21**. The schedule will be available early October. Students should be aware that student travel plans are not acceptable grounds for granting an alternative final examination time. See the [Final Examination Schedule](#).

Accommodation for Illness or Unforeseen Circumstances

The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See [Accommodation due to illness](#).

Accommodation Due to Religious Observances

The University acknowledges that, due to the pluralistic nature of the University community, some students may seek accommodations on religious grounds. Accordingly, students must consult with their instructor(s) within two weeks of the announcement of the due date for which accommodation is being sought. Failure to provide a timely request will decrease the likelihood of providing an accommodation. [See Request for accommodation on religious grounds](#).

Academic Integrity, Grievance, Discipline, Appeals and Note for Students with Disabilities

Academic Integrity: To maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. See the [UWaterloo Academic Integrity](#) and the [Arts Academic Integrity](#) websites for more information.

Renison University College is committed to the view that when a problem or disagreement arises between a faculty member and a student every effort should be made to resolve the problem through mutual and respectful negotiation. Most issues are resolved by a student/faculty meeting to discuss differences of opinion. It is only after this stage, when a common understanding or agreement is not obtained that further actions listed below could be taken.

Discipline: Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check the [Office of Academic Integrity](#) website for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor or academic advisor. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo [Policy 71 – Student Discipline](#). For information on categories of offences and types of penalties, students should

refer to [Policy 71 - Student Discipline](#). For typical penalties check the [Guidelines for the Assessment of Penalties](#).

Grievance: A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70, Student Petitions and Grievances, Section 4](#). When in doubt, please be certain to contact the Department's administrative assistant, or Academic Advisor, who will provide further assistance.

Appeals: A decision made or penalty imposed under [Policy 70, Student Petitions and Grievances](#) (other than a petition) or [Policy 71, Student Discipline](#) may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72, Student Appeals](#).

Academic Integrity Office (UWaterloo): The website can be found at uwaterloo.ca/academic-integrity/

Accommodation for Students with Disabilities

[AccessAbility Services](#) is located in Needles Hall, Room 1401, and collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

Students are encouraged to register with AccessAbility Services (AAS) at the start of each term if they require accommodations due to a disability. However, some students not connected to AAS may require accommodations later in the term. In that case, you should immediately consult with your instructor and/or your Academic Advisor.

Intellectual Property

Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of

intellectual property and subject to disciplinary sanctions as described in [Policy 71 – Student Discipline](#). Students who become aware of the availability of what may be their instructor’s intellectual property in online repositories are encouraged to alert the instructor.

Mental Health Support

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

On Campus

- [Counselling Services](#): counselling.services@uwaterloo.ca / 519-888-4096
- [MATES](#): one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services
- [Health Services](#) – Student Medical Clinic: located across the creek from Student Life Centre

Off Campus, 24/7

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- [Empower Me](#): Confidential, multilingual, culturally sensitive, faith inclusive mental health and wellness service.
- Grand River Hospital: Emergency care for mental health crisis. Phone: 844-437-3247
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender, or questioning teens in Waterloo. Email: ok2bme@kwcounselling.com Phone: 519-884-0000

Full details can be found online at the [Faculty of ARTS](#) website.

Download [UWaterloo and regional mental health resources \(PDF\)](#)

Download the [WatSafe](#) app to your phone to quickly access mental health support information.

A Respectful Living and Learning Environment for All

Everyone living, learning, and working at Renison University College is expected to contribute to creating a respectful environment free from harassment and discrimination.

Harassment is unwanted attention in the form of disrespectful comments, unwanted text messages or images, degrading jokes, rude gestures, unwanted touching, or other behaviours meant to intimidate.

According to the Ontario Human Rights Code, discrimination means unequal or different treatment causing harm, whether intentional or not, because of race, disability, citizenship, ethnic origin, colour, age, creed, marital status, sex, sexual orientation, gender identity, and gender expression, or other personal characteristic.

If you feel that you are experiencing the above from any member of the Renison community (students, staff, or faculty), you may contact Melissa Knox, Renison's external anti-harassment and anti-discrimination officer, by email (mnknox@uwaterloo.ca) or by phone or text (226-753-5669). Melissa is an employment and human rights lawyer and part-time Assistant Crown Attorney for the Ontario Ministry of the Attorney General. Melissa is experienced in case management, discipline and complaints processes, and works with organizations across Canada to foster safe, respectful, and inclusive work and learning environments through policy development, educational workshops, conflict mediation and dispute resolution, and organizational culture audits.

For additional information see Renison's [Harassment, Discrimination, and Abuse](#) policy.