



AFFILIATED WITH THE **UNIVERSITY OF WATERLOO**

**Renison University College**  
Affiliated with the University of Waterloo  
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Waterloo, ON Canada N2L 3G4  
Phone: 519-884-4404 | [uwaterloo.ca/renison](http://uwaterloo.ca/renison)

### **Renison University College Land Acknowledgement**

With gratitude, we acknowledge that Renison University College is located on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe, and Haudenosaunee peoples, which is situated on the Haldimand Tract, the land granted to the Six Nations that includes ten kilometres on each side of the Grand River. Our active work toward reconciliation takes place across our campuses through research, learning, teaching, community building and outreach, and is centralized within the work of our Truth and Reconciliation Working Group and the [University of Waterloo's Office of Indigenous Relations](#).

## **Winter 2023**

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**Course Code: SDS 150R (Section 1)**

**Course Title: Lifespan Processes**

***Class Times/Location: Wednesdays 2:30-4:20 at REN 2106***

**Instructor: Dr. Hsiao d'Ailly**

***Office: REN 1606***

***Office Phone: 519.884.4404 ext. 28643***

***Office Hours: Tuesdays & Wednesdays 1:30-2:20 or by appointment***

***Email: [hdailly@uwaterloo.ca](mailto:hdailly@uwaterloo.ca)***

### **Course Description**

This course is an introductory to human development that spans conception to death. It provides an overview of events which occur throughout the life course and consideration for how these may impact healthy development. The course applies a bio-psycho-social perspective and a scientific approach to understanding lifespan development. Human growth will be explored according to how biological and psychological determinants as well as how social environment impacts development. Students are encouraged to reflect on course material and examine the circumstances and experiences that have shaped them until now and those which may influence their future development.

**Course Objectives and Learning Outcomes - Upon completion of this course, students should be able to**

- Describe key life events from conception to death
- Identify and describe major lifespan phases
- Define key changes and characteristics of each phase of life
- Implement the bio-psycho-social perspective and a scientific approach to lifespan issues
- Relate developmental theories and lifespan concepts to real-life situations
- Connect lifespan concepts to yourself and others, considering their implications

**Required Text**

Rathus, S., Rogerson, R., & Berk, L. (2021). HDEV (4th ed.). Toronto, ON: Nelson Canada

**Course Materials on LEARN**

Additional Learning materials are available on Learn and PebblePad. Assignments will be announced and described in class. Students are also required to check on Learn regularly for weekly communication and postings.

**Grading and Due Dates**

Components	Weight	Date of Evaluation	Instruction
Weekly reading quizzes	25%	As specified on Learn	Posted on Learn
Reflective Journals	25%	Biweekly as specified on Learn	Posted on Learn
Group portfolio and presentation	25%	As scheduled in class and specified on Learn	Posted on Learn
Class Attendance/Contribution and Peer Review	25%	Weekly and as specified on Learn	Posted on Learn

**Weekly Reading Quizzes**

Quiz grades from the best 15 chapters (out of 19) will be used for the final grade. Detailed description is available on Learn.

**Reflective Journals**

Journal Reflection assignments are available on PebblePad. For each such journal you will respond to a series of questions which will be included in the PebblePad pages for each journal. PebblePad instructions and information about level of assessment are available on Learn.

### **Group Portfolio and Presentation on a Selected Topic**

Working in groups, you will present a portfolio (on PebblePad) for a selected topic to show your research, summary and/or creative work. Class time will be allocated for each group to make a presentation and/or lead a discussion. As a learning community, peer review and feedback is an integral part of this activity.

### **Class Attendance/Contribution and Peer Evaluation**

You are expected to attend class weekly and ready to engage in activities and contribute to discussion. In addition to participating in class activities and discussions, you will also be required to review/evaluate and provide feedback to your peers' Group Presentations and Portfolios online. You will assess each group presentation using a provided rubric and provide feedback on PebblePad.

### **Course Outline**

Assignment and Quiz due dates are specified in the Course Schedule on Learn

<b>Week</b>	<b>Date</b>	<b>Topic</b>	<b>Readings Due</b>
1	Jan 9 – 13	Orientation, Introduction, and Basic Concepts	Chapter 1
2	Jan 16 – 20	Theories and Methods	Corresponding chapters for your group presentation
3	Jan 23 – 27	Viewing Lifespan from an Attachment Lens	Chapter 2
4	Jan 30 – Feb 3	Resilience	Chapter 3, 4
5	Feb 6 – 10	Infancy	Chapter 5, 6
6	Feb 13 – 17	Early Childhood	Chapter 7,8
	Feb 20	Family Day	
	Feb 21 – 24	Reading Week	
7	Feb 27 – Mar 3	Middle Childhood	Chapter 9, 10
8	Mar 6 – 10	Adolescents	Chapter 11, 12
9	Mar 13 – 17	Early Adulthood	Chapter 13, 14
10	Mar 20 – 24	Middle Adulthood	Chapter 15, 16
11	Mar 27 – 31	Late Adulthood	Chapter 17, 18
12	Apr 3 – 6	End of Life	Chapter 19
	Apr 7	Good Friday	

### **Late or Incomplete Work**

Assignments are due on the listed due date. Online activities and quizzes will be closed on the due dates specified on Learn (please see below the UW practices on Accommodation for Illness or Unforeseen Circumstances). Missed tests or assignments will receive a grade of zero.

## **Electronic Device Policy**

Students who choose to use electronic devices to support their learning may do so provided that the individuals in the class are not disturbed or prohibited from their own learning. Electronic devices should be used for the purposes of supplementing the learning experience and focus on topics being discussed in class. Phones should be kept on silent during the class.

## **Policy on Plagiarism**

“Policy 71’s glossary defines plagiarism, in part, as “presenting, whether intentionally or not, the ideas, expression of ideas or work of others (whether attributed or anonymous) as one’s own in any work submitted whether or not for grading purposes”...

The Vice-President Academic and Dean has the authority to assess instances of plagiarism and the resultant penalties that are raised by an instructor. An instructor can propose a grade penalty to the Vice-President Academic and Dean, who will decide whether to accept the penalty or initiate a formal inquiry.”

For additional information on how plagiarism is dealt with at Renison, review the policy from where the above text is copied: [Policy 71 - Student Discipline](#).

Students should also be aware that copyright laws in Canada prohibit reproducing more than 10% of any work without permission from its author, publisher, or other copyright holder. See Waterloo’s policy on [Fair Dealing](#). Violation of Canada’s Copyright Act is a punishable academic offence under [Policy 71 – Student Discipline](#).

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## **Communication Policy**

Email, using the uWaterloo provided email address, is the approved method of communication for Renison. The Office 365 email that you use to login using your WatIAM login and password is secure and confidential. Take caution when forwarding your WatIAM email to an external email service as confidential information forwarded to a third-party provider could be a data

security breach and violation of FIPPA (Freedom of Information and Protection of Privacy Act) under which all students, staff, and faculty are bound by law.

### **Final Examination Policy**

For **Winter 2023**, the established examination period is **April 13-28**. The schedule will be available early February. Students should be aware that student travel plans are not acceptable grounds for granting an alternative final examination time. See the [Final Examination Schedule](#).

### **Accommodation for Illness or Unforeseen Circumstances**

The instructor follows the practices of the University of Waterloo in accommodating students who have documented reasons for missing quizzes or exams. See [Accommodation due to illness](#).

### **Academic Integrity, Grievance, Discipline, Appeals and Note for Students with Disabilities**

**Academic Integrity:** To maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. See the [UWaterloo Academic Integrity](#) and the [Arts Academic Integrity](#) websites for more information.

Renison University College is committed to the view that when a problem or disagreement arises between a faculty member and a student every effort should be made to resolve the problem through mutual and respectful negotiation. Most issues are resolved by a student/faculty meeting to discuss differences of opinion. It is only after this stage, when a common understanding or agreement is not obtained that further actions listed below could be taken.

**Discipline:** Every student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their own actions. [Check the [Office of Academic Integrity](#) website for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course professor or academic advisor. When misconduct has been found to have occurred, disciplinary penalties are imposed under the University of Waterloo [Policy 71 – Student Discipline](#). For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](#). For typical penalties check the [Guidelines for the Assessment of Penalties](#).

**Grievance:** A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70, Student Petitions and Grievances, Section 4](#). When in doubt, please be certain to contact the Department's administrative assistant, or Academic Advisor, who will provide further assistance.

**Appeals:** A decision made or penalty imposed under [Policy 70, Student Petitions and Grievances](#) (other than a petition) or [Policy 71, Student Discipline](#) may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72, Student Appeals](#).

**Academic Integrity Office (UWaterloo):** The website can be found at [uwaterloo.ca/academic-integrity/](http://uwaterloo.ca/academic-integrity/)

### Accommodation for Students with Disabilities

[AccessAbility Services](#) is located in Needles Hall, Room 1401, and collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

Students are encouraged to register with AccessAbility Services (AAS) at the start of each term if they require accommodations due to a disability. However, some students not connected to AAS may require accommodations later in the term. In that case, you should immediately consult with your instructor and/or your Academic Advisor.

### Intellectual Property

Students should be aware that this course contains the intellectual property of the instructor, which can include:

- lecture handouts and presentations (e.g., PowerPoint slides)
- lecture content, both spoken and written (and any audio or video recording thereof)
- questions from various types of assessments (e.g., assignments, quizzes, tests, final exams)
- work protected by copyright (i.e., any work authored by the instructor)

Making available the intellectual property of instructors without their express written consent (e.g., uploading lecture notes or assignments to an online repository) is considered theft of

intellectual property and subject to disciplinary sanctions as described in [Policy 71 – Student Discipline](#). Students who become aware of the availability of what may be their instructor's intellectual property in online repositories are encouraged to alert the instructor.

## **Mental Health Support**

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health supports if they are needed.

### **On Campus**

- [Counselling Services](#): [counselling.services@uwaterloo.ca](mailto:counselling.services@uwaterloo.ca) / 519-888-4096
- [MATES](#): one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services
- [Health Services](#) – Student Medical Clinic: located across the creek from Student Life Centre

### **Off Campus, 24/7**

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- [Empower Me](#): Confidential, multilingual, culturally sensitive, faith inclusive mental health and wellness service.
- Grand River Hospital: Emergency care for mental health crisis. Phone: 844-437-3247
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender, or questioning teens in Waterloo. Email: [ok2bme@kwcounselling.com](mailto:ok2bme@kwcounselling.com) Phone: 519-884-0000

Full details can be found online at the [Faculty of ARTS](#) website.

Download [UWaterloo and regional mental health resources \(PDF\)](#)

Download the [WatSafe](#) app to your phone to quickly access mental health support information.

## **A Respectful Living and Learning Environment for All**

Everyone living, learning, and working at Renison University College is expected to contribute to creating a respectful environment free from harassment and discrimination.

Harassment is unwanted attention in the form of disrespectful comments, unwanted text messages or images, degrading jokes, rude gestures, unwanted touching, or other behaviours meant to intimidate.

According to the Ontario Human Rights Code, discrimination means unequal or different treatment causing harm, whether intentional or not, because of race, disability, citizenship, ethnic origin, colour, age, creed, marital status, sex, sexual orientation, gender identity, and gender expression, or other personal characteristic.

If you feel that you are experiencing the above from any member of the Renison community (students, staff, or faculty), you may contact Melissa Knox, Renison's external anti-harassment and anti-discrimination officer, by email ([mnknox@uwaterloo.ca](mailto:mnknox@uwaterloo.ca)) or by phone or text (226-753-5669). Melissa is an employment and human rights lawyer and part-time Assistant Crown Attorney for the Ontario Ministry of the Attorney General. Melissa is experienced in case management, discipline and complaints processes, and works with organizations across Canada to foster safe, respectful, and inclusive work and learning environments through policy development, educational workshops, conflict mediation and dispute resolution, and organizational culture audits.

For additional information see Renison's [Harassment, Discrimination, and Abuse](#) policy.