SDS 350R Adult Life Crises & Events

Course Schedule

IMPORTANT: ALL TIMES EASTERN
Please see the **University Policies** section of your Course Outline for details.

Week	Module	Readings	Activities and Assignments	Due Date	Weight (%)
Week 1 (Jan. 9 - 15)	Module 1 – **Course Kickoff**		**Introduce Yourself** Describe your interest in things you would like to learn more about via projects		Ungraded
Week 2 (Jan. 16 - 22)	Module 2 – **Introduction**	Chapter 1	**Presentation** assignment: • Form groups of 1-4 • Contact group members • Pick topics	Wednesday, January 18, 2023 at 11:59 PM	
			Research Essay assignment: • Form groups of 1-4 • Contact group members • Pick topics (Feel free to work with different people)	Wednesday, January 18, 2023 at 11:59 PM	
Week 3 (Jan. 23 - 29)	Module 3 – **Health**	Chapter 3	Work on your **Presentation**		
			Work on your **Research Essay**		
Week 4 (Jan. 30 - Feb. 5)	Module 4 – **Social Roles**	Chapter 5	Submit your group's **Presentation** to the dropbox **and** discussion	Sunday, February 5, 2023 at 11:59 PM	15%
			Work on your **Research Essay**		
Week 5 (Feb. 6 - 12)	Module 5 – **Social**	Chapter 6	Write feedback on the **Presentation** of other groups. Please try to ensure that	Sunday, February 12,	

	Relationships		everyone receives peer feedback. Be responsible with your comments. Be constructive.	2023 at 11:59 PM	
			Work on your Research Essay		
Week 6 (Feb. 13 - 17)	Module 6 – Work Week for Essays		Submit your **Draft** Research Essay to the dropbox. Wait 30 minutes. Obtain Turnitin Similarity Report. Revise all problematic areas identified by Turnitin.	Preliminary Due Date: Friday, February 17, 2023 at 11:59 PM (Strongly Suggested)	
Reading Week (Saturday, February 18, 2023 to Sunday, February 26, 2023)					
Week 7 (Feb. 27 - Mar. 5)	Module 7 – Work and Retirement	Chapter 7	Finalize your Research Essay		
			Submit your **Final** Research Essay to the dropbox	Sunday, March 5, 2023 at 11:59 PM	32%
			Poster assignment: • Form groups of 1-2 • Contact group members • Pick agency	Sunday, March 5, 2023 at 11:59 PM	
Week 8 (Mar. 6 - 12)	Module 8 – Quest for Meaning	Chapters 8 and 9	Work on your Poster		
Week 9 (Mar. 13 - 19)	Module 9 – Stress and Coping	Chapter 10	Submit your Poster to the dropbox **and** discussion	Sunday, March 19, 2023 at 11:59 PM	10%
Week 10 (Mar. 20 - 26)	Module 10 – Death and Bereavement	Chapter 11	Write feedback on the Poster of other groups.	Sunday, March 26, 2023 at 11:59 PM	
Week 11	Module 11 –	Chapter	Submit your Nuggets of Wisdom to the	Sunday,	3%

(Mar. 27 - Apr. 2)	[The Final Journey](#)	12	discussion. Video submissions are welcome, as are artwork pieces, etc.	April 2, 2023 at 11:59 PM	
Week 12 (Apr. 3 - 9)	Module 12 – [Loose Ends](#)		Submit [Reflection](#) to the dropbox	Sunday, April 9, 2023 at 11:59 PM	10%
			Prepare for [Final Test](#)		30%

SDS 350R Adult Life Crises & Events

Contact Information

Announcements

You are expected to check **Announcements** on the **Course Home** page on a regular basis. To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above. A [General Discussion](#) topic has been made available to allow you to communicate with your peers in this course. Your instructor may drop in at this discussion topic.

Contact Us

Who and Why	Contact Details
Instructor and TA • Course-related questions (e.g., course content, deadlines, assignments, etc.) • Questions of a personal nature	**Course-related questions: Please email the professor.** **Instructor:** Dr. Sharon Roberts sharon.roberts@uwaterloo.ca
Technical Support, Centre for Extended Learning • Technical problems with Waterloo LEARN	learnhelp@uwaterloo.ca Include your full name, WatIAM user ID, student number, and course name and number. Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time). [IST Knowledge Base: For Students](#)
Learner Support Services, Centre for Extended Learning • General inquiries	[Student Resources](#) extendedlearning@uwaterloo.ca

- Examination information

Include your full name, WatIAM user ID, student number, and course name and number.

SDS 350R Adult Life Crises & Events

Course Description and Objectives

Description

This course will examine interdisciplinary ways of understanding normal development in adulthood. We will examine a range of theories related to theory and research, health, social roles, work, deriving meaning in life, stress and coping, and death and bereavement. Our purpose is to understand what happens during the adult years and the psychological and sociological contexts in which these events take place.

Objectives

At the course's conclusion, you will be able to

- describe the events, transitions, and development that affect adult development;
- explain and discuss concepts of adult development;
- apply your research skills to describe and present information related to transitions and events in adulthood;
- better understand the social services that are available to assist with the challenges of adulthood;
- explore your passions within the contexts of academia and the "real" world;
- critically examine your own world through a theoretical lens; and
- raise consciousness about our social world—the role we play and the opportunity it affords us to contribute.

A Message From Your Instructor

SDS 350R Adult Life Crises & Events

About the Course Author

Course Author

Dr. Sharon Roberts

Sharon Roberts is an Associate Professor at Renison University College at the University of Waterloo. She received her PhD from the University of Western Ontario. Sharon has an interdisciplinary background with degrees in sociology and psychology, a certificate in program and policy evaluation, and a diverse research background that spans multiple methodologies and areas such as identity and the transition to adulthood, eating disorders, furries, risk taking in adolescence, and mixed-method evaluation of primary healthcare.

She is currently a co-investigator working on the mixed-method evaluation of the Quality Improvement & Innovation Partnership (QIIP) project (collaborating with Western and Queen's), is working as a co-principal investigator on the International Anthropomorphic Research Project, and a cross-cultural study of Identity Horizons with colleagues from Ontario, Miami, and Japan. Sharon currently teaches Introduction to Sociology, Deviance, Research Methods, and Adult Life Crisis and Events.

In her volunteer work, Sharon was a member of the board of directors at Hope's Garden Eating Disorders Support and Resource Centre in London (2006-12). She is currently a board member and the Vice President of the Eating Disorders Foundation of Canada (since 2008). In her spare time, Sharon enjoys taking acoustic drum lessons from her hubby who is a professional musician.

SDS 350R Adult Life Crises & Events

Materials and Resources

Textbook

Required

1. *The Journey of Adulthood*, 9th edition, Barbara R.Bjorklund, Pearson Education, 2019.

> **For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).**
>
> For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Resources

- Library services for [Co-op students on work term and students taking online courses](#)

SDS 350R Adult Life Crises & Events

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weight (%)
Introduce Yourself	Ungraded
Presentation (Groups of 1-4)	15%
Research Essay (Groups of 1-4)	32%
Poster (Individual or group of 2)	10%
Nuggets of Wisdom (Individual)	3%
Reflection (Individual)	10%
Final Test (Individual)	30%

Official Grades

Official Grades and Academic Standings are available through Quest.

SDS 350R Adult Life Crises & Events

Course Policies

Late Assignments

Late assignments will be deducted 3% per day including weekends.

University Policies

Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the Ontario, Canada Time Converter.

Accommodation Due to Illness

If your instructor has provided specific procedures for you to follow if you miss assignment due dates, term tests, or a final examination, adhere to those instructions. Otherwise:

SELF-DECLARED ABSENCES FOR UNDERGRADUATE STUDENTS

Undergraduate students have the option to self-declare a short-term absence during the formal lecture period by following the Undergraduate student short-term absences process outlined by the Registrar's Office.

MISSED ASSIGNMENTS/TESTS/QUIZZES

Contact the instructor as soon as you realize there will be a problem, and preferably within 48 hours, but no more than 72 hours, have a medical practitioner complete a Verification of Illness Form.

Email a scanned copy of the Verification of Illness Form to your instructor. In your email to the instructor, provide your name, student ID number, and exactly what course activity you missed.

Further information regarding Management of Requests for Accommodation Due to Illness can be found on the Accommodation due to illness page.

MISSED FINAL EXAMINATIONS

Contact your instructor as soon as possible if you are unable to fulfill academic requirements due to illness or other extenuating circumstances.

Further information about Examination Accommodations is available in the Undergraduate Calendar.

Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.**

Undergraduate students should see the Academic Integrity Tutorial and graduate students should see the Graduate Students and Academic Integrity website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the Office of Academic Integrity.

Turnitin

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

Turnitin® at Waterloo

Discipline

A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for his/her actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to Policy 71 - Student Discipline. For typical penalties, check Guidelines for the Assessment of Penalties.

Appeals

A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances, (other than a petition) or Policy 71 - Student Discipline, may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to Policy 72 - Student Appeals.

Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read Policy 70 - Student Petitions and

Grievances, Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

Final Grades

In accordance with Policy 46 - Information Management, Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to Quest to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

AccessAbility Services

AccessAbility Services, located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the Accessibility for Ontarians with Disabilities Act (AODA) are guided by University of Waterloo accessibility Legislation and policy and the World Wide Web Consortium's (W3C) Web Content Accessibility Guidelines (WCAG) 2.0. The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about Desire2Learn's Accessibility Standards Compliance.

Use of Computing and Network Resources

Please see the Guidelines on Use of Waterloo Computing and Network Resources.

Copyright Information

UWaterloo's Web Pages

All rights, including copyright, images, slides, audio, and video components, of the content of this course are owned by the course author and the University of Waterloo, unless otherwise stated. By accessing this course, you agree that you may only download the content for your own personal, non-commercial use. You are not permitted to copy, broadcast, download, store (in any medium), transmit, show or play in public, adapt, or change in any way the content of these web pages for any other purpose whatsoever without the prior written permission of the course author and the University of Waterloo, Centre for Extended Learning.

Other Sources

Respect the copyright of others and abide by all copyright notices and regulations when using the computing facilities provided for your course of study by the University of Waterloo. No material on the Internet or World Wide Web may be reproduced or distributed in any material form or in any medium, without permission from copyright holders or their assignees. To support your course of study, the University of Waterloo has provided hypertext links to relevant websites, resources, and services on the web. These resources must be used in accordance with any registration requirements or conditions which may be specified. You must be aware that in providing such hypertext links, the University of Waterloo has not authorized any acts (including reproduction or distribution) which, if undertaken without permission of copyright owners or their assignees, may be infringement of copyright. Permission for such acts can only be granted by copyright owners or their assignees.

If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or extendedlearning@uwaterloo.ca.