

# SOCIAL GROUP WORK WINTER 2024

## SOCWK 221R / SWREN 221R

Published Dec 05, 2023

### CLASS SCHEDULE

Section	Location	Time	Instructor(s)
<b>SOCWK 221R 001 [LEC]</b>	REN 0503	Fridays 11:30 a.m. - 2:20 p.m.	Ela Smith ela.smith@uwaterloo.ca
<b>SWREN 221R 001 [LEC]</b>		Fridays 11:30 a.m. - 2:20 p.m.	
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### INSTRUCTOR / TA INFORMATION

**INSTRUCTOR: ELA SMITH, RECE, MSW, RSW**

**EMAIL: ELA.SMITH@UWATERLOO.CA**

**OFFICE HOURS: AVAILABLE UPON REQUEST**

### COURSE DESCRIPTION

#### *Calendar Description for SOCWK 221R*

Presentation of some of the theoretical constructs necessary for an understanding of social group work as well as an introduction to methodology and interventions. [Note: SWREN 221R is available only to students who have been given conditional admission to the BSW program; such students must have already completed their first undergraduate degree.]

Prereq: SOCWK 120R

#### *Calendar Description for SWREN 221R*

Presentation of some of the theoretical constructs necessary for an understanding of social group work as well as an introduction to methodology and interventions. [Note: SWREN 221R is available only to students who have been given conditional admission to the BSW program; such students must have already completed their first undergraduate degree.]

Prereq: SWREN 120R

## LEARNING OUTCOMES

### By the end of this course students should be able to:

- recognize and describe Indigegogy, why it is relevant, and how it is used to influence group counseling
- describe group counseling strategies and skills, and teamwork principles and practices
- examine the processes that enable group counseling and teamwork to be effective
- plan and prepare a successful plan for a counseling group

## TENTATIVE COURSE SCHEDULE

Module	Date	Topic	Readings Due
1	Jan 12	Introduction Circle	Course Syllabus
2	Jan 19	Introduction to Group Counselling and task groups	Chapters 1+2
3	Jan 26	Purpose and Planning in Group Counseling	Chapters 3+4
4	Feb 2	Basic Skills for Group Leaders and Focus	Chapters 5,6,+7
5	Feb 9	Cutting off, drawing out group members, rounds and dyads	Chapters 8+9
6	Feb 16 (recorded lecture)	Introducing, conducting, and processing exercises in group counseling	Chapters 10 + 11 Quiz #1 (includes content from modules 1-5 only)
	Feb 19	Family Day	No Class
	Feb 20-25	Reading Week	No Class
7	Mar 1	Leading the middle stages of counseling group, closing a session, and ending a group	Chapters 12+15
8	Mar 8	Dealing with problem situations in a counseling group	Chapters 16+17
9	Mar 15	Measuring group counseling effectiveness: Identifying trends	Chapter 3 (pg.67-70) Chapter 17 (pg. 464-466)
10	Mar 22	Group Presentations	Quiz #2 (Content modules 6-9)

Module	Date	Topic	Readings Due
	Mar 29	No Class – Good Friday	
11	Apr 5	Group Presentations	

## TEXTS / MATERIALS

Title / Name	Notes / Comments	Required
Jacobs, E., Schimmel, C., Masson, R. & Harvill, R. (2022). Group Counseling, Strategies and Skills (9th edition). Cognella Academic Publishing.		Yes

Previous versions of the text book are fine to use. It is the students responsibility to ensure that all content assigned is covered as the page numbers may be different in previous versions.

## STUDENT ASSESSMENT

Component	Value
Small Group Circle (Weekly)	10%
Quiz #1	25%
Quiz #2	25%
Group Presentations	20%
Peer Evaluation/Reflection Paper	20%

## ASSESSMENT 1

Small Group Circle: (twice per semester 5% each = 10%)

Each group will complete a weekly check in.

One person of the group will facilitate. The weekly facilitator will chair the check in process. The facilitator of the group will be responsible for noting:

- 1) Date & Name of Facilitator
- 2) \*P.A.T.H. example from each group member
- 3) Outstanding Questions group may have (readings, course expectations)
- 4) Social Media Story relating to Social work/social justice (each person should bring a story)

## 5) Attendance of group members.

These items will be recorded on an index card (in class) and submitted for grading to dropbox. Each person will take 2 turns facilitating the weekly circle. Only the facilitator will submit notes for grading. There are 10 classes that we will be doing small circle meetings. That should ensure that everyone has 2 turns in the semester to facilitate and submit for grades.

\*P.A.T.H. - Present, Authentic, speak your Truth, or Human

## **ASSESSMENT 2**

Quiz #1 - (based on content in Modules 1 to 5, class lectures, assigned chapters, and discussions)  
- will be written online

## **ASSESSMENT 3**

Quiz #2 - (based on content in Modules 6 to 9, assigned chapters, class lectures and discussions)  
- will be written online

## **ASSESSMENT 4**

Group Presentation - Each student will be part of a task group that will present to the class about a counselling group experience addressing a specific population (children, teen, adult or elderly) and group focus (your choice). The presentation will be 45 minutes in length and a group grade will be assigned. The presentation should address the following factors:- purpose/reason for the group- development needs of the group participants- overview of the group process (size of group, content, number of sessions, length of sessions, meeting place, etc.- planning, including preparation of clients for group- leadership and therapeutic factors (5)- one group exercise- evaluation (goals, leadership, process,) and research- strengths and limitations

## **ASSESSMENT 5A - PEER FEEDBACK ON PRESENTATION - 10%**

Peer assessment Rubric – Complete and submit to appropriate submission folder.

## **ASSESSMENT 5B**

Write an approx. 750-word essay about your personal reflections for Social Group Work: what you learned, what you liked/did not like, and assess your participation (extrovert and introvert participation valued equally).

## **ASSIGNMENT SCREENING**

No assignment screening will be used in this course.

## **ADMINISTRATIVE POLICY**

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## **TERRITORIAL ACKNOWLEDGEMENT:**

The University of Waterloo acknowledges that much of our work takes place on the traditional territory of the Neutral, Anishinaabeg and Haudenosaunee peoples. Our main campus is situated on the Haldimand Tract, the land granted to the Six Nations that includes six miles on each side of the Grand River. Our active work toward reconciliation takes place across our campuses through research, learning, teaching, and community building, and is centralized within the [Office of Indigenous Relations](https://uwaterloo.ca/indigenous) (<https://uwaterloo.ca/indigenous>)

## INTELLECTUAL PROPERTY

Students should be aware that this course contains the intellectual property of their instructor, TA, and/or the University of Waterloo.

Intellectual property includes items such as:

- Lecture content, spoken and written (and any audio/video recording thereof);
- Lecture handouts, presentations, and other materials prepared for the course (e.g., PowerPoint slides);
- Questions or solution sets from various types of assessments (e.g., assignments, quizzes, tests, final exams); and
- Work protected by copyright (e.g., any work authored by the instructor or TA or used by the instructor or TA with permission of the copyright owner).

Course materials and the intellectual property contained therein, are used to enhance a student's educational experience. However, sharing this intellectual property without the intellectual property owner's permission is a violation of intellectual property rights. For this reason, it is necessary to ask the instructor, TA and/or the University of Waterloo for permission before uploading and sharing the intellectual property of others online (e.g., to an online repository).

Permission from an instructor, TA or the University is also necessary before sharing the intellectual property of others from completed courses with students taking the same/similar courses in subsequent terms/years. In many cases, instructors might be happy to allow distribution of certain materials. However, doing so without expressed permission is considered a violation of intellectual property rights.

Please alert the instructor if you become aware of intellectual property belonging to others (past or present) circulating, either through the student body or online. The intellectual property rights owner deserves to know (and may have already given their consent).

## CHOSEN/PREFERRED FIRST NAME

Do you want professors and interviewers to call you by a different first name? Take a minute now to verify or tell us your chosen/preferred first name by logging into [WatIAM](https://idm.uwaterloo.ca/watiam/) (<https://idm.uwaterloo.ca/watiam/>) .

Why? Starting in winter 2020, your chosen/preferred first name listed in WatIAM will be used broadly across campus (e.g., LEARN, Quest, WaterlooWorks, WatCard, etc). Note: Your legal first name will always be used on certain official documents. For more details, visit [Updating Personal Information](https://uwaterloo.ca/the-centre/updating-personal-information) (<https://uwaterloo.ca/the-centre/updating-personal-information>) .

### Important notes

- If you included a preferred name on your OUAC application, it will be used as your chosen/preferred name unless you make a change now.
- If you don't provide a chosen/preferred name, your legal first name will continue to be used.

## CROSS-LISTED COURSES

Please note that a cross-listed course will count in all respective averages no matter under which subject code it has been taken. For example, a PHIL/PSCI cross-list will count in a Philosophy major average, even if the course was taken under the Political Science subject code.

## MENTAL HEALTH SUPPORT

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health support if they are needed.

### On Campus

- **Counselling Services** (<https://uwaterloo.ca/campus-wellness/counselling-services>) 519-888-4096
- **MATES** (<https://wusa.ca/services/uw-mates>) : one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services

### Off campus, 24/7

- **Good2Talk** (<https://good2talk.ca/>) : Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- **Grand River Hospital: Emergency care for mental health crisis.** Phone: 519-749-4300 ext. 6880
- **Here 24/7** (<https://here247.ca/>) : Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- **OK2BME** (<https://ok2bme.ca/>) : set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 extension 213

Full details can be found online in on the [Faculty of Arts Student Support](https://uwaterloo.ca/arts/undergraduate/student-support/) (<https://uwaterloo.ca/arts/undergraduate/student-support/>) page.

Download the [WatSafe app](https://uwaterloo.ca/watsafe/) (<https://uwaterloo.ca/watsafe/>) to your phone to quickly access mental health support information

## LATE OR INCOMPLETE WORK

All assignments are to be submitted on the due date. Students are expected to notify the instructor within 48 hours of the assignment prior to the due date if they will not be submitting on time. Assignments handed in 7 days past a due date will be evaluated at 50%.

Students who submit assignments past the due date are expected to email the professor when they submit an assignment so that it can be graded.

## UNIVERSITY POLICY

**Academic integrity:** In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. [Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) (<https://uwaterloo.ca/academic-integrity/>) for more information.]

**Grievance:** A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70, Student Petitions and Grievances, Section 4](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>) . When in doubt, please be certain to contact the department's administrative assistant who will provide further assistance.

**Discipline:** A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for their actions. [Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) (<https://uwaterloo.ca/academic-integrity/>) for more information.] A student who is unsure whether an action

constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course instructor, academic advisor, or the undergraduate associate dean. For information on categories of offences and types of penalties, students should refer to [Policy 71, Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>) . For typical penalties, check [Guidelines for the Assessment of Penalties](https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties) (<https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties>) .

**Appeals:** A decision made or penalty imposed under [Policy 70, Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>) (other than a petition) or [Policy 71, Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>) may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72, Student Appeals](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72>) .

**Note for students with disabilities:** [AccessAbility Services](https://uwaterloo.ca/accessability-services/) (<https://uwaterloo.ca/accessability-services/>) , located in Needles Hall, Room 1401, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

**Turnitin.com:** Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit alternate assignment.