

# Course Schedule

Important: **ALL TIMES EASTERN** - Please see the [University Policies](#) section of your Course Outline for details

Week	Module	Readings and Other Assigned Material	Activities and Assignments	End/Due Date	Weight (%)
Week 1	<a href="#">Module 1: Introduction to Indigenous Healing Circles</a>	Stevenson, J. [1999]. The Circle of Healing.	Groups for <a href="#">Reflection</a> <a href="#">Discussions</a> and Group Assignments will be created by	Check after Friday, September 8, 2023 at 4:30 PM	<b>Ungraded</b>
		Greg, G., Dickie, B. [2002], Hollow Water.	Technical Support <a href="#">Introduce Yourself</a>	Wednesday, September 13, 2023 at 11:55 PM	
		Teaching Restorative Practices with	<a href="#">Assignment 1</a>	Wednesday, September 13, 2023 at 11:55 PM	<b>5%</b>

<p><b>Week 2</b></p> <p><a href="#">Module 2: Introduction to Group Counseling and Task Groups; Group States and Processes; Curative Factors and Therapeutic Forces</a></p>	<p>Classroom Circles.</p>	<p><a href="#">Reflection 1</a></p>	<p>Wednesday, September 13, 2023 at 11:55 PM</p>	<p><b>1%</b></p>
	<p>Boyd, J. (2018) Summary Papers.</p>	<p><a href="#">Assignment 2: Group Discussion</a></p>	<p>Wednesday, September 20, 2023 at 11:55 PM</p>	<p><b>15%</b></p>
	<p>Alle-Corliss, L., &amp; Alle-Corliss, R. (2008). Yalom's Curative Factors.</p>			
	<p>Textbook, Chapter 1 and 2.</p>	<p><a href="#">Reflection 2</a></p>	<p>Wednesday, September 20, 2023 at 11:55 PM</p>	<p><b>1%</b></p>
	<p>John Hughes. (1985). <i>The Breakfast Club</i>.</p>			
	<p>Griffith Graduate</p>			

Attributes  
Teamwork  
Skills Toolkit.

**Week 3**

[Module 3:  
Purpose and  
Planning in  
Group  
Counseling](#)

Textbook,  
Chapter 3  
and 4.

[Assignment 3](#)

Wednesday,  
September  
27, 2023 at  
11:55 PM

**3%**

Boyd, J.  
(2018).

Personal  
summary:  
Key points  
about  
choosing and  
preparing  
potential  
clients for a  
successful  
group  
counseling  
experience.

[Reflection 3](#)

Wednesday,  
September  
27, 2023 at  
11:55 PM

**1%**

**Week 4**

[Module 4:  
Getting  
Started, Basic  
Skills for  
Group](#)

Textbook,  
Chapter 5, 6,  
and 7.

[Assignment 4](#)

Wednesday,  
October 4,  
2023 at  
11:55 PM

**5%**

Wednesday,

[Leaders, and Focus](#)

[Reflection 4](#)

October 4, 2023 at 11:55 PM **1%**

**Reading Week (Saturday, October 7, 2023 to Sunday, October 15, 2023)**

**Week 5**

[Module 5: Cutting off and Drawing Out Group Members: The Use of Rounds and Dyads in Group Counseling](#)

Textbook, Chapter 8 and 9.

[Reflection 5](#)

Wednesday, October 18, 2023 at 11:55 PM **1%**

**Week 6**

[Module 6: Introducing, Conducting, and Processing Exercises in Group Counseling](#)

Textbook, Chapter 10 and 11.  
Jacobs, et al. (2012). DVD Group Counseling, Exercises: Styrofoam cups, small chair, and movement.

[Assignment 5](#)

[Reflection 6](#)

Wednesday, October 25, 2023 at 11:55 PM **3%**

Wednesday, October 25, 2023 at 11:55 PM **1%**

<p><b>Week 7</b></p>	<p><a href="#">Module 7: Leading the Middle Stage of a Counseling Group, Closing a Session, and Ending a Group</a></p>	<p>Textbook, Chapter 12 and 15.</p>	<p><a href="#">Reflection 7</a></p>	<p>Wednesday, November 1, 2023 at 11:55 PM</p> <p><b>1%</b></p>
<p><b>Week 8</b></p>	<p><a href="#">Module 8: Dealing with Problem Situations in a Counseling Group; Lifespan Development; Incorporating Diversity into Group Practice</a></p>	<p>Textbook, Chapter 16 and 17.</p> <p>McGoldrick, M., et al. (2011) Chapter 2.</p> <p>Alle-Corliss, L., &amp; Alle- Corliss, R. (2009) Chapter 5.</p>	<p><a href="#">Reflection 8</a></p>	<p>Wednesday, November 8, 2023 at 11:55 PM</p> <p><b>1%</b></p>
		<p>Textbook, Chapter 3</p>		

<p><b>Week 9</b></p>	<p>(pp. 67–70) and Chapter 17 (pp. 464–466).</p> <p><a href="#">Module 9: Measuring Group Counseling Effectiveness: Identifying Present and Future Trends of Group Counseling Practice</a></p>	<p>Griffith Graduate Attributes Teamwork Skills Toolkit. Counseling Group Member Satisfaction Questionnaire. Post Evaluation Survey. Group Cohesion Scale.</p>	<p><a href="#">Reflection 9</a></p>	<p>Wednesday, November 15, 2023 at 11:55 PM</p>	<p><b>1%</b></p>
<p><b>Week 10</b></p>	<p>There is no new content this week.</p>		<p><a href="#">Assignment 6</a></p> <p><a href="#">Assignment</a></p>	<p>Wednesday, November 22, 2023 at 11:55 PM</p> <p>Sunday,</p>	<p><b>10%</b></p>

		<a href="#">7: Group Planning</a>	November 26, 2023 at 11:55 PM	<b>20%</b>
<b>Week 11</b>	There is no new content this week.	<a href="#">Assignment 8: Group Rating</a>	Wednesday, November 29, 2023 at 11:55 PM	<b>10%</b>
<b>Week 12</b>	There is no new content this week.	<a href="#">Assignment 9</a>	Tuesday, December 5, 2023 at 11:55 PM	<b>10%</b>
		<a href="#">Assignment 10</a>	Monday, December 11, 2023 at 11:55 PM	<b>10%</b>

**There is no final examination for this course**

# Contact Information

## Announcements

You are expected to check **Announcements** on the **Course Home** page on a regular basis. To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

## Discussions

Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above. A [General Discussion](#) topic has been made available to allow you to communicate with your peers in this course. Your instructor may drop in at this discussion topic.

## Contact Us

Who and Why	Contact Details
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**Post your course-related questions to**



## Instructor

- Course-related

questions (e.g., **Questions of a personal nature** can be course content, directed to your instructor.

deadlines,

assignments,

etc.)

Instructor: Jon Boyd

[jaboyn@uwaterloo.ca](mailto:jaboyn@uwaterloo.ca)

- Questions of a personal nature

Your instructor checks email and the [Ask the Instructor](#) discussion topic frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.

[learnhelp@uwaterloo.ca](mailto:learnhelp@uwaterloo.ca)

## Technical

### Support,

Centre for

Extended Learning

Include your full name, WatIAM user ID, student number, and course name and number.

- Technical problems with Waterloo LEARN

Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).

[IST Knowledge Base: For Students](#)

## Learner Support

Services,

[Student Resources](#)

Centre for

Extended Learning [extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca)

- General inquiries
- Examination information

Include your full name, WatIAM user ID, student number, and course name and number.

# Course Description and Learning Outcomes

## Course Description

Through readings and videos, lectures and discussions, activities and assignments, students will gain knowledge and skills about Indigenous healing circles, group counseling strategies and skills, and effective team functioning.

## Learning Outcomes

By the end of this course, students will be able to:

- recognize and describe Indigenous healing circles, why they are effective, and how they have influenced modern group counseling
- describe group counseling strategies and skills, and teamwork principles and practices
- examine the processes that enable group counseling and teamwork to be effective
- plan and prepare a successful plan for a counseling group

*This online course was developed by Jon Boyd, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.*

# About the Course Author/Instructor

## Course Author and Instructor – Jon Boyd

Jon Boyd has been a part-time instructor at Renison College, University of Waterloo since 1985. He is also a part-time instructor in the Master of Social Work program at Wilfrid Laurier University. He teaches courses in individual, family, and group therapy, as well as lifespan development. In addition, Jon maintains a small private practice, and is an approved adoption practitioner completing parenting assessments in Southern Ontario.

### Educational Background

Jon completed his undergraduate degree (Bachelor of Arts — English) at the University of Guelph in Guelph, Ontario, and his MSW degree from Wilfrid Laurier University in Waterloo, Ontario.



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# Materials and Resources

## Textbook(s)

### Required

1. Jacobs, E., Schimmel, C., Masson, R. & Harvill, R. (2022). *Group Counseling, Strategies and Skills* (9th edition). San Diego, CA: Cognella/Academic Publishing.
2. *The Breakfast Club*. Hughes, John. Channel Productions (1985): the library scene from running time 1:06–1:26.

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over

the phone.

## Course Reserves

[Course Reserves for Students](#) are used in this course. Course Reserves can be accessed using the **Library Resources** widget on the **Course Home** page.

## Resources

- [Library services for co-op students on work term and students taking online courses](#)

# Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and Assignments	Weight (%)
Introduce Yourself	Ungraded
Reflections (9 x 1%)	9%
Assignment 1	5%
Assignment 2: Group Discussion	15%
Assignment 3	3%
Assignment 4	5%
Assignment 5	3%
Assignment 6	10%
Assignment 7: Group Planning	20%
Assignment 8: Group Rating	10%
Assignment 9	10%
Assignment 10	10%

## Official Grades

Official Grades and Academic Standings are available through [Quest](#) .

# Course and Department Policies

## Late Assignments and Related Concerns

All assignments and discussion activities are due by the deadline specified on the [Course Schedule](#).  
Contact your instructor before the due date if you have a question or concern.



# University Policies

## Submission Times

Please be aware that the University of Waterloo is located in the **Eastern Time Zone** (GMT or UTC-5 during standard time and UTC-4 during daylight saving time) and, as such, the time that your activities and/or assignments are due is based on this zone. If you are outside the Eastern Time Zone and require assistance with converting your time, please try the [Ontario, Canada Time Converter](http://www.worldtimeserver.com/convert_time_in_CA-ON.aspx) ([http://www.worldtimeserver.com/convert\\_time\\_in\\_CA-ON.aspx](http://www.worldtimeserver.com/convert_time_in_CA-ON.aspx)).

## Short-Term Absences

Review the University of Waterloo's [Accommodations](http://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations) (<http://ugradcalendar.uwaterloo.ca/page/Acad-Regs-Accommodations>) policy for more details.

Additionally, undergraduate students have the option to self-declare a short-term absence during the formal lecture period by following the [Undergraduate student short-term absences](https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences) (<https://uwaterloo.ca/registrar/current-students/undergraduate-student-short-term-absences>) process outlined by the Registrar's Office.

Please follow the instructions above and contact your instructor for applicable accommodations.

## Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. **If you have not already completed the online tutorial regarding academic integrity you should do so as soon as possible.** Undergraduate students should see the [Undergraduate Academic Integrity Module](https://uwaterloo.ca/library/research-supports/academic-integrity/undergraduate-academic-integrity-module) (<https://uwaterloo.ca/library/research-supports/academic-integrity/undergraduate-academic-integrity-module>) and graduate students should see the [Graduate Academic Integrity Module](https://uwaterloo.ca/library/get-assignment-and-research-help/academic-integrity/graduate-students-and-academic-integrity) (<https://uwaterloo.ca/library/get-assignment-and-research-help/academic-integrity/graduate-students-and-academic-integrity>) website.

Proper citations are part of academic integrity. Citations in CEL course materials usually follow CEL style, which is based on APA style. Your course may follow a different style. If you are uncertain which style to use for an assignment, please confirm with your instructor or TA.

For further information on academic integrity, please visit the [Office of Academic Integrity](http://uwaterloo.ca/academic-integrity/) (<http://uwaterloo.ca/academic-integrity/>).

## Turnitin

**Turnitin.com:** Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

[Turnitin® at Waterloo](https://uwaterloo.ca/academic-integrity/integrity-waterloo-faculty/turnitinr-waterloo) (<https://uwaterloo.ca/academic-integrity/integrity-waterloo-faculty/turnitinr-waterloo>)

## Discipline

A student is expected to know what constitutes [academic integrity](http://uwaterloo.ca/academic-integrity/) (<http://uwaterloo.ca/academic-integrity/>) to avoid committing an academic offence, and to take responsibility for their actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration, should seek guidance from the course instructor, academic advisor, or the undergraduate Associate Dean. For information on categories of offences and types of penalties, students should refer to [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>). For typical penalties, check [Guidelines for the Assessment of Penalties](https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties) (<https://uwaterloo.ca/secretariat/guidelines/guidelines-assessment-penalties>).

## Appeals

A decision made or penalty imposed under [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>), (other than a petition) or [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71>), may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72 - Student Appeals](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-72>).

## Grievance

A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-70>), Section 4. When in doubt please be certain to contact the department's administrative assistant who will provide further assistance.

## Final Grades

In accordance with [Policy 46 - Information Management](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policies/policy-46-information-management) (<https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policies/policy-46-information-management>), Appendix A - Access to and Release of Student Information, the Centre for Extended Learning does not release final examination grades or final course grades to students. Students must go to [Quest](https://uwaterloo.ca/quest/) (<https://uwaterloo.ca/quest/>) to see all final grades. Any grades posted in Waterloo LEARN are unofficial.

## AccessAbility Services

[AccessAbility Services](https://uwaterloo.ca/accessability-services/) (<https://uwaterloo.ca/accessability-services/>), located in Needles Hall, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodation to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term and for each course.

## Accessibility Statement

The Centre for Extended Learning strives to meet the needs of all our online learners. Our ongoing efforts to become aligned with the [Accessibility for Ontarians with Disabilities Act \(AODA\)](http://www.ontario.ca/laws/statute/05a11) (<http://www.ontario.ca/laws/statute/05a11>) are guided by University of Waterloo accessibility [Legislation](https://uwaterloo.ca/human-resources/accessibility/legislation) (<https://uwaterloo.ca/human-resources/accessibility/legislation>) and policy and the [World Wide Web Consortium's](#)

(W3C) Web Content Accessibility Guidelines (WCAG) 2.0

(<http://www.w3.org/TR/WCAG20/>). The majority of our online courses are currently delivered via the Desire2Learn Learning Environment. Learn more about Accessibility at D2L (<http://www.d2l.com/accessibility/standards/>).

## Use of Computing and Network Resources

Please see the Guidelines on Use of Waterloo Computing and Network Resources (<https://uwaterloo.ca/information-systems-technology/about/policies-standards-and-guidelines/campus-computing-and-network/guidelines-use-waterloo-computing-and-network-resources>).

## Copyright Information

### UWaterloo's Web Pages

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### Other Sources

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If there are any questions about this notice, please contact the University of Waterloo, Centre for Extended Learning, Waterloo, Ontario, Canada, N2L 3G1 or [extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca) (<mailto:extendedlearning@uwaterloo.ca>).

University of Waterloo

[Credits and Copyright \(/d2l/common/dialogs/quickLink/quickLink.d2l?ou=930138&type=content&rcode=uWaterloo-2685036\)](/d2l/common/dialogs/quickLink/quickLink.d2l?ou=930138&type=content&rcode=uWaterloo-2685036)