HONOURING ALUMNI ACHIEVEMENT

On March 27, St. Paul's hosted a dinner to celebrate and honour 12 alumni who have made important and inspiring contributions to their professions, communities, and to St. Paul's and the University of Waterloo. A St. Paul's student introduced each recipient. Pictured above are Kevin McGregor (BES '13), introduced by David Bell; Dr. Frances Chapman (BA ’98), introduced by Alexander Wray; and David Cornfield (BASc ’85), introduced by Alex Pearce. Principal Graham Brown presented a framed lithographic print of a pencil sketch of St. Paul's in 1962, the year in which the College was founded, to each recipient.

Read more about the award recipients on pages 4 and 5.
Dear St. Paul’s alumni and friends

Earlier in the spring, St. Paul’s Chancellor Lloyd Axworthy and I joined a group of alumni in Ottawa for dinner. We caught up on family life, jobs, retirements, successes, and politics. We don’t get to Ottawa and other cities as often as we’d like, but I truly value each and every opportunity that I get to connect with those who have experienced St. Paul’s life.

Earlier, in March, St. Paul’s recognized 10 Distinguished Alumni and two Young Alumni Award winners at a special dinner in Toronto. The awards recognize alumni who have achieved notable professional success, have made significant contributions to their community or shown leadership in a field relating to St. Paul’s mission and values. It was a memorable evening for everyone who attended and was another reminder that St. Paul’s alumni are extraordinary.

In this issue, we also highlight some of the initiatives we’ve started at the Waterloo Aboriginal Education Centre and St. Paul’s GreenHouse. The Aboriginal Centre hosted the first ever Aboriginal Entrepreneurship workshop, and we’ll see a new course on Aboriginal Business Development implemented in September. And for the first time this year, our social innovation community, GreenHouse, awarded funding to several motivated students so they can take their ideas for social change to the next level.

I hope you enjoy reading this issue. If you would like to share feedback or learn more, please connect with us at stp.alumni@uwaterloo.ca

BILL WATSON NAMED CHAIR OF WATERLOO BOARD OF GOVERNORS

Congratulations to St. Paul’s alumnus William R. Watson (BA ’76) — whom we all know as Bill — for being named Chair of the University of Waterloo Board of Governors. His service as chair commenced on May 1, 2015 and will run through April 30, 2017.

As a tireless ambassador and passionate supporter of the University, we know he will serve the institution well in this exciting new role. Bill has served on the Board since 2011, most recently as chair of the Pension and Benefits Committee.

Bill was also recently recognized as one of St. Paul’s 50th Anniversary Distinguished Alumni Award winners (more on page 4).

Congratulations as well to St. Paul’s alumnus Ted Scott (BA ’75), who was also named to the UWaterloo Board this year.
Julia Salvini, Paul Salvini, Paul Marchildon and Adele Newton show their appreciation to National Corporate Housekeeping and Pangaea Restaurant for being long-time supporters of the event.

thank you

TO THESE “DRIVERS” OF SUCCESS!

Entering its eighth year, the alumni and friends golf tournament has resulted in more than $175,000 in support of scholarships and student initiatives at St. Paul’s!

We would like to thank every single golfer and sponsor whose contributions have helped shape the event along the way, but special thanks are due to the following individuals and organizations who have supported the event for more than five years.

» Baker & McKenzie LLP  
» Bill & Bambury Pristanski  
» Bill Nelson  
» Bob Rosehart  
» Brian Nicholls  
» Chapman’s Ice Cream  
» Chartwells (Compass Group Canada)  
» Clements Corporate Car Services Ltd.  
» Damon Alyea  
» The Elgie Family  
» Erb & Erb Insurance  
» Florinda Barbieri  
» Glen Eagle Golf Course  
» Gwen & Adrian Gooyers  
» Paul Hansuld  
» Jeanne Elgie-Watson & Bill Watson  
» Jeffrey Dawson & Janice James  
» John & Marcia Capell  
» John & Susan MacLennan  
» John Mozas  
» Leroy Weatherall  
» Lora Crestan and Don Herman  
» Mark Ellis  

» Mark Graham  
» Mark Mendl  
» The McBurney Family  
» The McCarthy Family  
» Mike Kaine  
» National Corporate Housekeeping  
» Oban Inn, Spa & Restaurant  
» Pangaea Restaurant  
» Paul Marchildon  
» Paul & Julia Salvini  
» Prospectus Associates  
» Rachel D’Souza  
» Reg Schade  
» Richard & Linda Jussaume  
» Rod Barr  
» Sportswood Printing  
» Stewart Aitken  
» St. Paul’s Don Team  
» Tom Dabrowski  
» Val & Gary Foerster  
» Waterloo Alumni  
» Waterloo Warriors

Join us for this year’s tournament on Friday, August 28. Come with friends, or we can place you in a foursome — no golfing experience necessary!

Learn more and sign up at uwaterloo.ca/stpauls/golf
50th Anniversary

DISTINGUISHED AND YOUNG ALUMNI AWARDS

On March 27, St. Paul’s honoured the 12 recipients of the 50th Anniversary Distinguished and Young Alumni Awards during a lovely dinner event at the Donalda Club in Toronto.

Please join us in congratulating the winners!

DOUGLAS GRENKIE (BA ’65)
In recognition of exemplary career and service to community

GARY ALBACH (BSc ’70)
In recognition of an exemplary career advancing science, technology and entrepreneurship

MARK LUKOWSKI (BMath ’73)
In recognition of an exemplary career and service to community

WILLIAM WATSON (BA ’76)
In recognition of an exemplary career and service to community, St. Paul’s and Waterloo

ELIZABETH MCKINLAY (BA ’78)
In recognition of an exemplary career dedicated to helping others

DON SHILTON (BSc ’80)
In recognition of an exemplary career as an innovative leader in health care
DAVID CORNFIELD (BASc ’85)
In recognition of an exemplary career and bettering the world through philanthropy

BRAD SIIM (BASc ’92)
In recognition of an exemplary career and dedicated service to St. Paul’s and Waterloo

FRANCES CHAPMAN (BA ’98)
In recognition of an exemplary career and dedication to education

ADAM KILNER (BA ’06)
In recognition of an exemplary career and faithful service to others

VICTORIA ALLEYNE (BES ’12)
In recognition of dedication to social entrepreneurship and youth mentorship

KEVIN MCGREGOR (BES ’13)
In recognition of pursuing a career which enriches the lives of others

To read the recipients’ bios, or to submit a nomination for future Distinguished Alumni, please visit uwaterloo.ca/stpauls/alumni-friends/alumni-awards or contact Stephen Loo at s3loo@uwaterloo.ca
SPOTLIGHT ON: ELLE CREVITS

FOOD NOT WASTE

Elle Crevits wants to reduce the amount of food waste coming from small businesses and redistribute any surplus food that is still good to emergency food services in the Waterloo Region, which serves more than 34,000 people.

The Social Innovation Fund award offered Elle seed capital to run a pilot project this summer. From mid-July to mid-August, she will rent a refrigerated van twice a week to run a food redistribution program, picking up surplus food from five small businesses and delivering it to the Charles St. Men’s Hostel.

In addition to providing good nutritious food to people, the pilot project will also attempt to get a better understanding of how much food can actually be rescued, and whether it is a match for the needs of the organizations they supply. Elle plans to track the type of food and to measure and weigh it. If the pilot program proves viable, she plans to operate Food Not Waste after her graduation.

If you’d like to know more about, or get involved with, this initiative, visit foodnotwaste.ca

SOCIAL INNOVATION FUND STARTS UP

Social innovators may have the best ideas in the world, but if they don’t get some startup funding, it’s hard to do anything about them. That’s why St. Paul’s GreenHouse introduced the Social Innovation Fund this year. Successful GreenHouse applicants receive a portion of the allotted $5,000 to use on their projects.

At GreenHouse, students develop skills, networks, and experience to facilitate social-purpose startups and social change initiatives. They receive coaching, physical space, access to professional expertise, and tools for measuring impact, among other things.

To find out more, or to give to the Social Innovation Fund, please visit uwaterloo.ca/stpauls/greenhouse/social-innovation-fund

Here are the projects that received funding this year:

FALL

» Canoe: Geoff Evamy Hill is developing a way for undergraduate students to have a Pan-Canadian university experience.

» FitDesks: Laura Barkin is bringing these study bikes to the University since many students focus better when in motion.

» Water conservation: Samiya Hirji is working on raising awareness of, and attempting to reduce, mindless water consumption.

» Rockstar Café: Hannah Furlong is helping set up a ‘revolutionary’ café where solutions may be found for issues like youth unemployment and environmental crises.

WINTER

» Food Not Waste: Elle Crevits is tackling food waste and hunger issues with her startup (see sidebar, this page).

» IDEASPACE: Prianka Siva is setting up an online venue where entrepreneurs can share ideas and resources.

» Your City in Motion: Sylvia Green is consulting on how to better encourage a cycling culture.

» Gravity Chamber: Alec Vyshnevski is building social communities around fitness and group exercise.

» Civil News: Kwame Ansong is setting up a website that will aggregate news to compare and contrast reports on issues from international and local perspectives.

Learn more at uwaterloo.ca/stpauls/greenhouse
“Our students are tackling a wide range of pressing problems in our society - They want to do good, serve others, and make an impact.”

- Tania Del Matto, Director of GreenHouse

BIG WINNERS FOR BIG IDEAS CHALLENGE

This spring, St. Paul’s GreenHouse teamed up with the Faculty of Applied Health Sciences to organize a competition designed to elicit big ideas in health and wellbeing.

Four young startups won a term’s stay in St. Paul’s GreenHouse, the first and only live-in campus-linked accelerator in Canada focused on social innovation and entrepreneurship: PASS Kit, Heart Helper, Marlena, and Node. One other startup, EyeCheck, won mentorship and a market validation canvas from the Accelerator Centre (see sidebar for a description of these startups).

About the winners:

» **Marlena**: Fourth-year Health Studies student Rachel Thompson, who named the company after her grandmothers Marilyn and Helena, is committed to meaningful leisure for older adults of all abilities by creating books to meet the needs of older adults with Alzheimer’s, dementia, and other conditions.

» **Panic, Anxiety, & Stress, Support (PASS) Kit**: Third-year AHS student Tina Chan and her business partner are developing what they call “a first aid kit for mental health and wellbeing” to address the increasing incidence of mental health issues among students.

» **Heart Helpers**: Fourth-year Kinesiology student Tara McNicholl conceived of Heart Helpers as a non-profit, heart-healthy meal delivery program that offers older adults at risk or living with cardiovascular disease a simple, inexpensive way to reduce their risk factors by modifying their diet.

» **Node**: Node is a company offering smart, beautifully designed, custom-fit compression sleeves for breast cancer survivors suffering from lymphedema, founded by fourth-year Kinesiology student Benny Hua.

» **EyeCheck**: Rachel Friesen, a third-year international development and business student, made the pitch for this company that uses smartphone technology and proprietary hardware to provide much-needed vision assessment in India with just two pictures.
ABORIGINAL ENTREPRENEURSHIP GETS A KICKSTART

Entrepreneurship in Aboriginal communities may go back hundreds of years, but today the Waterloo Aboriginal Education Centre (WAEC) is taking a new look at how it can work. The WAEC hosted a group of 17 Aboriginal high school youth from across Ontario for the inaugural entrepreneurship workshop at St. Paul’s and Six Nations Polytechnic during the last weekend of March. Students explored creative problem solving, teamwork, design thinking, and implementation as an interactive learning adventure. Celebrating traditional knowledge, confidence building and the spirit of entrepreneurship, the two-day workshop was emceed by dynamic Aboriginal comedian Ryan McMahon, and Juno Award-winning singer/songwriter Susan Aglukark gave a keynote address and performance. In her talk, Aglukark stressed the value of “asking the honest questions.” She advised the students:

“If you want something, be ready to work for it. Write a list of the things you can control and a list of the things you cannot change. Then work on the list you can change.”

Next year, staff at the Aboriginal Centre plan to host a week-long version of the workshop in a northern community.
After a consultative process that started last summer, the Waterloo Aboriginal Education Centre (WAEC) has a new logo to express its mission. The new visual identity is based on seven points that represent the seven sacred teachings in Aboriginal culture and showcases the ideas of community and sharing (circle) and of advancement and movement (water wheel). It also hints at notions of a drum, the sun, a dreamcatcher, and a teepee from an aerial view.

The image was created by Maaiingan, an Aboriginal design firm based out of Toronto with many years of experience and a consultative approach to their work. The creation of the image was informed by input from students and visitors of the Centre who said they saw the WAEC as representing the themes of community, people, sharing, and positive energy.

The Centre’s web pages have been updated to reflect the new branding, and the new logo will be introduced as new promotional materials are produced for the Centre.

Each week during the fall and winter terms, the Waterloo Aboriginal Education Centre hosts a soup and bannock lunch for First Nations, Inuit and Metis students on campus. The lunch is also open to other students, staff and faculty who wish to participate and often features a special invited guest.

Pictured above is recently elected Waterloo Mayor Dave Jaworsky (centre) with staff of the Waterloo Aboriginal Education Centre, students, volunteers, and St. Paul’s Board Chair Rod Barr (far right). Other recent guests have included Kitchener-Waterloo MPP Catherine Fife, Community Elder Gale Cyr, Residential school survivor Lila Bruyere, University of Waterloo Registrar Ray Darling, and Councillors of the City of Waterloo.
INTERNATIONAL DEVELOPMENT STUDENTS SHARE THEIR STORIES AT CAPSTONE EVENT

Twenty-three International Development (INDEV) students returned from their eight-month overseas placements this spring and took the stage to share their unique experiences at the INDEV Capstone event at St. Paul’s on May 1.

The event allowed the students to reflect on their journeys in creating positive change in selected developing countries (Nepal, Burkina Faso, Senegal, Botswana, Ghana, Vietnam, and Peru), where they helped address issues of economic inequality, social injustice, or environmental degradation. In the audience were guest panelists David Barth (World Accord), Frances Fortune (Balsillie School of International Affairs), Nadine Grant (Plan Canada), Devon Krainer (Mennonite Economic Development Association), Brianna Locke (World Vision), and Alanna Rondi (Devonshire Initiative), who provided their thoughts and questions on the presentations.

Among the presenters was Ben Holland, a student who worked in Vietnam with an organization called Marinelife Conservation and Community Development. During his time with the group, he addressed pollution problems in Ha Long Bay, a popular fishing ground and tourist attraction. Ben described seeing thick layers of oil and garbage at the surface of Ha Long Bay. He said that the pollutants were not only threatening the environment’s biodiversity, but also the fishing livelihoods of the people who depend on the bay for income. Together with the organization, Ben worked towards helping those affected by the pollution and sought ways of restoring the water quality.

Meagan Shantz shared her experience of living in Nepal and immersing herself into the local culture. As a volunteer at Fair Trade Group, Meagan promoted the advancement of marginalized and disadvantaged craft producers in the country. She designed an environmental research report and interviewed 19 organizations about their environmental initiatives. Meagan attended a local church, and became a part of its tight-knit community. Among the many things she learned during her stay, Meagan’s biggest revelation was about the resilience of the Nepali people. Despite the challenges the society faces as one of the world’s poorest nations, including the recent devastating earthquakes, the community continuously rises above them with dignity.

To help support International Development students, please see uwaterloo.ca/stpauls/giving
CONNECTIONS STRONG BETWEEN ST. PAUL’S AND NEPAL

Approximately 30 students with ties to St. Paul’s University College have lived in or travelled to Nepal to participate in experiential learning in the past three-and-a-half years. That’s one of the reasons why many in the St. Paul’s community rallied to help raise funds after an earthquake that hit the region and killed thousands.

Fourteen of these 30 were Waterloo students who travelled to Mount Everest base camp in April 2014 with their Geography Professor Sanjay Nepal. At least half of them lived at St. Paul’s and many others participated in academic and community life at the College.

One of these students, Lindsay Kalbfleisch, a Recreation and Leisure student who lived at St. Paul’s in 2010-11, was immediately moved to action when she heard the news. Kalbfleisch reached out to the others and started an online fundraising appeal, which raised thousands of dollars for the Canadian Red Cross. She hopes others will be inspired to act and contribute what they can to the effort.

Since 2012, Grainne Ryder, Field Work and Language Program Coordinator, has arranged 8-month field placements in Nepal for 17 International Development students. Seven of those students arrived home to Canada just hours before news broke of the devastating earthquake.

One of these students, Erin McLaren, says it has been difficult to process the news of the disaster amidst the challenging task of reintegrating to Canadian society after spending eight months immersed in Nepali culture. She also said that having the support of her classmates as well as friends, family, and others in the St. Paul’s community has been a blessing.

Erin and the other students all lived in or near the capital city Kathmandu, which has been particularly hard hit, but so far most of their Nepalese friends and colleagues have been safely accounted for.

For Mavis Fenn, Professor of Buddhism or Asian Religions, Nepal was the first Asian country she ever visited. While there, she had the opportunity to visit Lumbini, the reputed birthplace of the Buddha and Bhaktapur, and an important World Heritage site that was damaged in the earthquake.
SPOTLIGHT ON: MADDI LEBLANC

ST. PAUL’S STUDENT FINDS A WAY TO HONOUR FRIENDS AND HELP OTHERS

The tragedy of losing two friends to brain cancer became the motivation for Madeleine Leblanc, a St. Paul’s student who’s studying Environment and Resource Studies, to try make a difference for future cancer patients. After a day of paddling on a canal, Maddi thought of starting up On Board, a stand-up paddle boarding fundraiser. She felt that it was the best way she could honour the lives of her friends while helping others who are suffering from the same illness. That first year, she raised over $4,000, and the funds are directed towards the Canadian Cancer Society for brain cancer research in hopes of finding a cure.

At the start, Maddi had her doubts about whether such an endeavour could be successful. She is still astonished at the outpouring of support from her family, friends, and community who have all allowed Maddi to make a difference.

For the first On Board fundraiser, Maddi wished to paddle on her own. This July, however, she is thrilled to have the support of many community members as they accompany her on a 10 km paddle along the Welland Canal in Welland, Ontario. She continues to encourage as many people to join in the fight against cancer.

If you wish to support On Board, please see www.facebook.com/MaddisRideOnBoard

WE’LL GET ‘EM NEXT YEAR!

This past summer, an inter-college council was created to encourage event collaboration and participation amongst the residents of the four university colleges. The council, made up of two students each from St. Paul’s, Conrad Grebel, Renison, and St. Jerome’s, planned an event called the College Cup that was contested in March.

The College Cup featured several contests including a snow soccer game, board games tournament, scavenger hunt, dance off, and a charisma competition. Renison narrowly beat out St. Paul’s for the trophy, followed by Grebel and St. Jerome’s.
COMMUNITY GARDEN HAS AN IMPACT ON FOOD POLICY

Lexi Salt, an International Development grad from the University of Waterloo, has always had a passion for strengthening her community. To pursue her passion, she made her way to St. Paul’s GreenHouse so she could work with like-minded individuals. She became the Campus Coordinator for Meal Exchange’s Ontario Campus Food Systems Project, and took great interest in encouraging the development of local and sustainable food systems on the university campus.

Alongside a team of students, Lexi founded the St. Paul’s Community Garden, which originally was a small plot at the College. However, a university community member stepped up and donated another quarter-acre of land at Steckle Heritage Homestead to use for produce as well.

Her initiative not only inspired the St. Paul’s community, but also encouraged Chartwells, a national food services corporation, to join in on the action. Together, Lexi and Chartwells created the Campus or Community Gardens Guide, which is a standards and guidelines document to ensure food safety. This Guide has been distributed across the country to other Chartwells locations, providing other campuses with a model of how to build and maintain their own sustainable food system. Therefore, as a result of the St. Paul’s Community Garden, other community gardens across Canada have been established.

Chartwells, the food service provider at St. Paul’s, now buys the produce to serve the community at Watson’s Eatery.

Income from the Garden is reinvested back into the garden to allow for continual growth every year.

STUDENT GRATITUDE IN ACTION

St. Paul’s students benefit in several ways from the financial and volunteer contributions of alumni and friends — that’s why on March 2, a group of 25 students got together to write thank you cards to everyone who made a gift or volunteered their time in the previous calendar year.

The students enjoyed learning about the people who support them and are excited to make it an annual event.
NEW VISITING PROFESSOR OF ABORIGINAL BUSINESS DEVELOPMENT TO TEACH LANDMARK COURSE

Policy analyst and Aboriginal consultant Michael Fox will be joining St. Paul’s in the fall as the Visiting Professor of Aboriginal Business Development, and will teach a new First Peoples and Business Development course, open to all University of Waterloo students.

The new course, First Peoples and Business Development, will examine how Aboriginal businesses are developed and sustained, the legal and cultural context for new business initiatives between the Canadian public and private sectors and Aboriginal communities, and the perspectives of Aboriginal people on entrepreneurship and economic development.

Michael is currently president of Fox High Impact Consulting, a Thunder Bay-based firm specializing in Aboriginal processes, participation, and partnership deals in the energy and mineral sectors. Most of his clients are Northern Ontario communities. He has taught at Confederation College, as well as at Lakehead and Queen’s universities.

Michael has also worked as a resource sector specialist with the Nishnawbe Aski Development Fund, an Aboriginal financial institution that assists Aboriginal entrepreneurs and Aboriginal community-owned enterprises. He grew up in the Weenusk First Nation and has lived in North Bay and Timmins. He holds an Honours Political Science degree with a focus on natural resource development and Aboriginal law from Lakehead University.

Michael has been praised for his strategic thinking, business acumen, and community commitment to negotiating agreements that are based on Aboriginal and treaty rights.

The St. Paul’s community is excited to welcome Michael and to learn more about the business world from an Aboriginal perspective.
faculty spotlight

TEFERI MERGO PUBLISHES IN LEADING JOURNAL

St. Paul’s professor Teferi Mergo co-authored a study published in the leading U.S. journal, *Science*. The study uses micro-data from 40 different countries and a novel approach that analyzes the effects of birth rates on a country’s economy and prosperity.

The results confirmed that a moderately low birth rate can strengthen a country’s overall standard of living. Teferi and his co-authors show the correlation between fertility rates and economic data and determine that two children or less per family is most ideal.

In countries with populations below the replacement level, governments typically encourage higher birth rates to support the workforce tax base that goes toward funding pension plans, health care, and other benefits for seniors. The study clarifies that it only imposes higher expenses on families and requires more capital including office buildings, factories, and houses to sustain the population.

Along with lead authors UC Berkeley Economist Ronald Lee and East-West Center economist Andrew Mason, Teferi analyzed data to find the most desirable balance between fertility level age distribution for the costs of raising children and looking after the elderly. The United States, along with several other countries, have relatively favorable birth rates for a thriving economy.

Teferi focused his research on his home country, Ethiopia, which has one of the highest birth rates in the world. Growing up when a famine struck the country in the 1980s is what sparked his interest and research in development economics.

Did you know?

» We use energy-efficient LED lights throughout the building — even in the exit signs
» We have 2 student carshare cars ready for students to use in our parking lot
» We’ve installed water-saving shower heads so we don’t contribute to unnecessary waste
» We are composting paper towels throughout the residence
» We don’t sell highly polluting bottled water at St. Paul’s
» We only buy fair trade coffee
» We’re committed to local, seasonal, and sustainable food
» We use wooden and noodle stir sticks instead of plastic
» We use compostable and biodegradable napkins, cups, and plates
» Watson’s Eatery buys produce from the St. Paul’s community garden
Events Listing

Come join us for some of these events!

SPONSOR’S 9 & DINE
Wednesday, June 24, 2015
Visit uwaterloo.ca/stpauls/golf to learn how you can become a tournament sponsor.

CANADA DAY
Wednesday, July 1, 2015
The annual festivities at the University of Waterloo continue. Lots of fun for the whole family!

BLUE JAYS GAME
Sunday, July 19, 2015
attend.com/across-the-creek

8TH ANNUAL MASTERS GOLF TOURNAMENT
Friday, August 28, 2015
Glen Eagle Golf Club, Toronto
An excellent opportunity for a day of great golf, great prizes, and a chance to get together with friends. Register at uwaterloo.ca/stpauls/golf

12TH ANNUAL POW WOW
Saturday, September 26, 2015
Details will be posted online as they become available.

FALL OPEN HOUSE
Saturday, November 7
If you have family or friends about to start university, be sure to tell them about this visit day.

BLACKFOREST COFFEE HOUSE
Spring 2016
Alumni are welcome!
Please contact stp.alumni@uwaterloo.ca for details.

St. Paul’s University College
University of Waterloo
190 Westmount Road North
Waterloo, Ontario, Canada
N2L 3G5
519-885-1460
stp.alumni@uwaterloo.ca
uwaterloo.ca/stpauls

We’d love to stay in touch!
Find us on LinkedIn:
linkedin.com/edu/10879