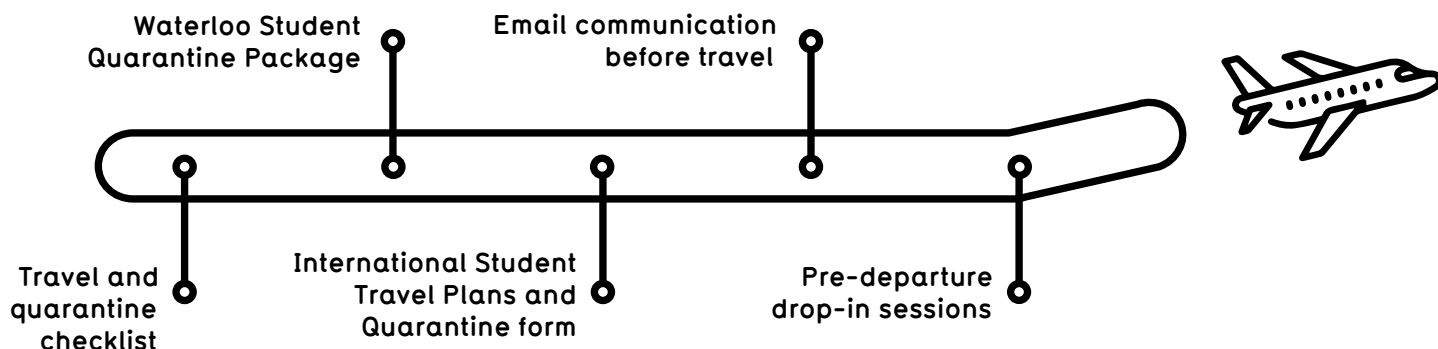


INTERNATIONAL STUDENT TRAVEL AND QUARANTINE TIMELINE

BEFORE DEPARTURE TO CANADA



GOVERNMENT REQUIREMENTS

PRIOR TO QUARANTINE

- Help students develop a quarantine plan
- Ensure students understand and manage current health restrictions and provide guidance on 14-day quarantine
- Assist students with getting appropriate health insurance coverage
- Ensure students understand quarantine expectations and are supported

- Provide students with a place to quarantine and safe travel to that place



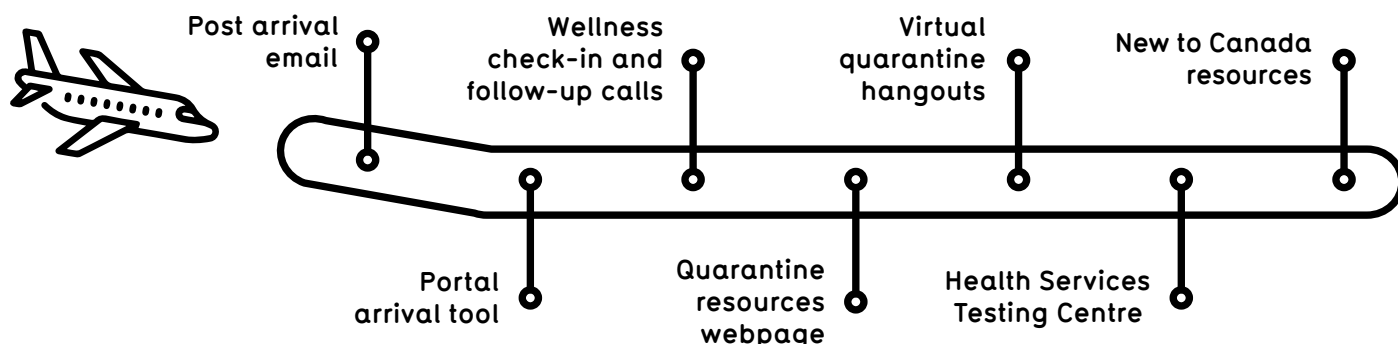
OUR INITIATIVES

- ✓ [COVID-19 travel and quarantine checklist](#)
A list of steps and resources to help students, who are travelling to Canada from an international destination, plan for their mandatory 14-day quarantine. **(SSO)**
- ✓ [Pre-departure drop-in sessions](#)
Thirty-minute drop-in sessions offered twice per week where students can ask questions and get more information. **(SSO)**
- ✓ **Email communication before travel (SSO)**
- ✓ [Waterloo Student Quarantine Package](#)
An optional* bundle of services to help students, who must travel to Canada from an international location, with their mandatory quarantine. The package includes:
 - transportation from the airport to the hotel,
 - private room at a local hotel, and
 - meal service (optional).**(SSO, Campus Wellness and UW Food Services)**

*Most students are choosing to quarantine on their own.

INTERNATIONAL STUDENT TRAVEL AND QUARANTINE TIMELINE

AFTER ARRIVAL IN CANADA



GOVERNMENT REQUIREMENTS



OUR INITIATIVES

DURING 14-DAY QUARANTINE

- Provide students a way to check-in when they arrive in Canada

- ✓ **Portal arrival tool**
A mobile and web-based tool that prompts students to update their travel and arrival status. **(SSO)**
- ✓ **Post-arrival email. (SSO)**

- Monitor students for COVID-19 symptoms and manage illnesses

- ✓ [International Student Travel Plans and Quarantine form](#)
Mandatory form that tracks international student travel and quarantine plans, and allows Campus Wellness to check-in with students in quarantine. **(SSO, Campus Wellness)**
- ✓ **Quarantine wellness check-ins and follow-up calls (Campus Wellness)**
- ✓ [Health Services COVID-19 Testing Assessment Centre](#)
Free for all students and their family members required to take a COVID-19 test during the quarantine period. **(Campus Wellness)**

- Provide necessities (food, WiFi, etc.)
- Provide students with supports to stay physically and mentally healthy
- Support students in becoming familiar with their community

- ✓ [Waterloo Student Quarantine Package](#)
- ✓ [Quarantine Warrior's Support Group](#)
Provides opportunities for students to ask questions and receive support while in quarantine. **(SSO)**
- ✓ [Quarantine resources webpage \(SSO\)](#)
- ✓ **International Peer Community (SSO)**
- ✓ [New to Canada resources](#)
Includes information about banking, healthcare, transportation, and more. **(SSO)**

POST-QUARANTINE

- Keep students aware of public health expectations and practices

- ✓ [COVID-19 Information website](#)
- ✓ [Welcome back Waterloo guide](#)

- Ongoing monitoring of student health and safety, and plan contingencies

- ✓ [Health Services COVID-19 Testing Assessment Centre](#)

- Develop supports for mental and physical health, anti-racism, COVID-19 stigma

- ✓ [Campus Wellness](#)
- ✓ [Athletics and Recreation](#)
- ✓ [Human Rights, Equity and Inclusion](#)