

# SIMPLE AND IMPACTFUL PHRASES TO USE WHEN ASKING FOR HELP IN UNIVERSITY

Need help finding the right words in verbal communications? Try these phrases!

<b>Are you trying to explain an idea?</b>	"I would like to explain that..."	"To explain this idea, I will..."	"I think that..."
<b>Are you seeking feedback?</b>	"I am seeking feedback on..."	"I would like feedback on..."	"Can you provide feedback on...?"
<b>Do you need clarification?</b>	"Can you provide clarification on...?"	"I am unclear about... Can you clarify this for me?"	"I understood X as... Is my understanding correct?"
<b>Are you sharing or collecting ideas?</b>	"I would like to share an idea about..."	"I would like to hear your thoughts about X"	"I'm interested to hear what others think about X"
<b>Are you seeking action from someone?</b>	"Could you speak to my group members about X?"	"Do you mind sharing your notes with me?"	"Would you be interested in writing me a reference for X scholarship?"
<b>Are you looking for advice?</b>	"Do you have any suggestions for how to...?"	"I need some advice about..."	"How can I...?"
<b>Are you seeking support?</b>	"I need help with..."	"Can you help me with...?"	"I am struggling with... Can you recommend some strategies I could try?"