Documenting your Learning using Critical Reflections

1. DESCRIBE

Experiences objectively What? Where? Who? When? Why?



2. EXAMINE

Experiences per reflection prompts



3. ARTICULATE LEARNING

What did I learn?
How did I learn it? Why is it important?
What will you do because of it?

Credit: Ash and Clayton: Generating, Deepening, and Documenting Learning: The Power of Critical Reflection in Applied Learning, 2009

Ability to Design and Create

- What problem did you tackle?
- What were your approach and strategies in developing a solution?
- · What obstacles did you encounter?

Commitment to community, multiculturalism and diversity

- Describe a situation where you engaged in active listening with stakeholders.
- Think about a time when you learned about a new culture.
- · Comment on the impact you had on a community.
- Explain if you have faced challenges due to cultural differences in a group or community setting.

Engagement with Sustainability

- How have you incorporated social, environmental and financial sustainability in your actions?
- How have you applied your business knowledge in a real-world setting?
- What has influenced your views on environmental stewardship?