

Paraphrasing Strategies ¹	Steps for Paraphrasing ¹
<p>1. Use synonyms</p> <ul style="list-style-type: none"> • Use a thesaurus in conjunction with a dictionary • Not all synonyms are equal • Use words you know • Do not use synonyms for specialist terms (e.g., insulin, hippocampus, synaptic cleft) 	<p>1. Read</p> <ul style="list-style-type: none"> • Read passage a number of times to gain full understanding/meaning of text.
<p>2. Use different parts of speech</p> <ul style="list-style-type: none"> • Nouns, verbs, adjectives • May require change of sentence structure 	<p>2. Write</p> <ul style="list-style-type: none"> • Without looking at text, try to put main ideas into your own words as if telling a friend about what you just read. • Circle specialized words that cannot be changed. • Underline keywords that can be changed & find alternatives.
<p>3. Change sentence structures</p> <ul style="list-style-type: none"> • Order of words • Shorten sentences (# of clauses) • Types of clauses in one sentence • Linking words 	<p>2. Check</p> <ul style="list-style-type: none"> • Check accuracy of ideas/meanings.
<p>4. Simplify abstract ideas</p> <ul style="list-style-type: none"> • Make theoretical/abstract concepts more concrete • Don't assume the reader is an expert • Choose simple, clear vocabulary 	<p>3. Compare</p> <ul style="list-style-type: none"> • Compare paraphrase to original text & pay attention to any quotations that need to be placed.
<p>4. Change from active to passive and vice versa</p> <ul style="list-style-type: none"> • Passive = to be + past participle • Active = subject + verb • e.g., Plant seeds <u>are dispersed by</u> wind. (P) → Wind <u>disperses</u> plant seeds. (A) 	<p>4. Cite</p> <ul style="list-style-type: none"> • Cite according to appropriate style manual
<p>5. Use variety of citation techniques</p> <ul style="list-style-type: none"> • Author prominent: <i>Smith¹ stated...</i> • Information prominent: <i>A central feature underlying patient-centredness is the biomedical paradigm.</i> • Weak author prominent: <i>Finding treatments for breast cancer is a major goal for scientists.¹</i> 	

Exercise: Using the measures of appropriation and accuracy, evaluate the following paraphrase example by identifying the strengths/weaknesses of each and discussing strategies to improve each example

Original passage: “If a drug does not expose an athlete to excessive risk, we should allow it even if it enhances performance” (Savulescu et al., 2004, p. 670).

Paraphrase	Measurement	Strengths and Weakness
If a medication does not put an athlete in extreme danger, we should permit the medication even if it increases performance (Savulescu et al., 2004).	Appropriation: 1 2 3 4 5 Verbatim Own words Accuracy: 1 2 3 4 5 Inaccurate Accurate	
An athlete should be allowed to use drugs that may enhance performance especially when they do not expose them to excessive injury risk (Savulescu et al., 2004).	Appropriation: 1 2 3 4 5 Verbatim Own words Accuracy: 1 2 3 4 5 Inaccurate Accurate	
Athletes should be allowed to take drugs that may enhance performance despite potential risks to their health and well-being (Savulescu et al., 2004).	Appropriation: 1 2 3 4 5 Verbatim Own words Accuracy: 1 2 3 4 5 Inaccurate Accurate	
Athletes should be allowed to take a medication that may enhance their capabilities if it is not overly dangerous (Savulescu et al., 2004).	Appropriation: 1 2 3 4 5 Verbatim Own words Accuracy: 1 2 3 4 5 Inaccurate Accurate	

(Source: Savulescu, J., Foddy, B., & Clayton, M. (2004). Why we should allow performance enhancing drugs in sport. *British Journal of Sports Medicine*, 38, 666-670. doi: 10.1136/bjism.2004.005249)