

Writing and Communication Centre
Online Dissertation Boot Camp
June 21 to 24, 2021

Monday, June 21, 2021

Time	Activity	Platforms
9:00am-9:45am	Orientation: <ul style="list-style-type: none"> • Introductions • Overview of program 	<ul style="list-style-type: none"> • Full group Teams meeting • Discuss with your cohort on your Teams channel
9:45am-10:15am	Workshop: goal setting I	Full group Teams meeting
10:15am-10:30am	Break	
10:30am-10:50am	Workshop: introduction to the Pomodoro method	Full group Teams meeting
10:50am- 11:55am	Write! (2 Pomodoros x 30 min. each)	Independent work (or join us in Teams!)
LUNCH BREAK		
12:55pm-2:00pm	Option 1: Write! (2 Pomodoros x 30 min. each) OR Option 2: Dissertation Investigation	Option 1: Independent work Option 2: Full group Teams meeting
2:00pm-2:15pm	Break	
2:15pm-2:25pm	Stretching	Link to video in workbook
2:25pm-3:30pm	Write! (2 Pomodoros x 30 min.)	Independent work (or join us in Teams!)
3:30pm- 4:00pm	End of Day reflection	<ul style="list-style-type: none"> • Worksheet in workbook • Discuss with your cohort on your Teams channel
4:00pm-4:30pm	Optional Q&A session	Full group Teams meeting

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Tuesday, June 22, 2021

Time	Activity	Platform
9:00am-9:30am	Morning goal setting	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort on your Teams channel
9:30am-10:00am	Workshop: avoiding procrastination I: technology tips and writing BASE	Audio instructions and handouts in workbook
10:00am-10:30am	Write! (1 Pomodoro x 30 min.)	Independent work (or join us in Teams!)
10:30am-10:45am	Break	
10:45am-12:00pm	Workshop: peer review I	Full group Teams meeting + breakout rooms
LUNCH BREAK		
1:00pm-2:40pm	Write! (3 Pomodoros x 30 min. each)	Independent work (or join us in Teams!)
2:40pm-2:55pm	Break	
2:55pm-3:05pm	Stretching	Link to video in workbook
3:05pm-3:40pm	Write! (1 Pomodoro x 30 min.)	Independent work (or join us in Teams!)
3:40pm-4:00pm	End of day reflection	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort on your Teams channel

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Wednesday, June 23, 2021

Time	Activity	Platform
9:00am-9:30am	Morning goal setting	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort on your Teams channel
9:30am- 10:35am	Write! (2 Pomodoros x 30 min. each)	Independent work (or join us in Teams!)
10:35am-10:50am	Break	
10:50am-11:35am	Workshop: avoiding procrastination II: strategies for sustainable writing	Full group Teams meeting
11:35am-12:05pm	Write! (1 Pomodoro x 30 min.)	Independent work (or join us in Teams!)
LUNCH BREAK		
1:00pm-2:40pm	Write! (3 Pomodoros x 30 min. each)	Independent work (or join us in Teams!)
2:40pm-2:55pm	Break	
2:55pm-3:05pm	Stretching	Link to video in workbook
3:05pm-3:35pm	Write! (1 Pomodoro x 30 min.)	Independent work (or join us in Teams!)
3:40pm-4:00pm	End of day reflection	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort on your Teams channel
4:00pm-4:30pm	Optional Q&A session	Full group Teams meeting

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Thursday, June 24, 2021

Time	Activity	Platform
9:00am-9:30am	Morning goal setting	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort on your Teams channel
9:30am- 10:35am	Write! (2 Pomodoros x 30 min. each)	Independent work (or join us in Teams!)
10:35am-10:50am	Break	
10:50am-10:55am	Stretching	Link to video in workbook
10:55am-12:00pm	Workshop: peer review II	Full group Teams meeting + breakout rooms
LUNCH BREAK		
1:00pm- 1:45pm	Workshop: goal setting II – project management	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort in your Teams channel
1:45pm-3:25pm	Write! (3 Pomodoros x 30 min. each)	Independent work (or join us in Teams!)
3:25pm-3:35pm	Break	
3:40pm-4:00pm	Wrap up: End of day reflection, feedback survey	<ul style="list-style-type: none"> Worksheet in workbook Discuss with your cohort on your Teams channel Link to feedback survey in workbook